

Yorktown's Only Local Paper, Mailed to You, Reaching More Homes Than Anybody Else.

Vol. 2 No. 43



CHARITY Relay for Life kicks off. pgs 14-15

TAX & FINANCE

How to organize for your retirement. pg 30

AUTOMOTIVE	35
BUSINESS & REAL ESTATE	31
CLASSIFIEDS	33
LEGAL NOTICES	34
LEISURE	27
OPINION	7
SPORTS	20
TAX & FINANCE	29
TOWN GREEN	2

It's Your Community, it's Your Yorktown Get local deals on the new 'Your Yorktown' App

BY BRETT FREEMAN OF YORKTOWN NEWS

Forget Groupon and Living Social.

If you want to get really great deals on truly local businesses-businesses located in Yorktown and surrounding communitiesthen you'll love the "Your Yorktown" app. Best of all, it's free!

In addition, local businesses will give you more rewards

by sharing their message to your Facebook friends and Twitter followers. The App also lists the top "Town Green"

events for the week and other local content

that you won't be able to find anywhere else.

INSTRUCTIONS

0

1. If you don't already have a QR code reader, then load the free i-nigma App from the App store on your phone.

Then select link/Go Online. 3. If scanning the QR code does not work, type

in cjmmarketinsights.com

4. When you are looking at the App, just select $\frac{1}{2}$ located at the bottom of the screen. Then select "Add to Home Screen" and then select "Add." 5. When App is loaded, select "login," then register.

Thursday, February 13, 2014

ANDROID USERS

4. When you're looking at the App, press the \equiv button located at the bottom left of your phone

5. Click on "Save to Bookmarks" or "Add Bookmark.³

6. Locate "Add to" and press "Home Screen," or locate "Add Shortcut to home." It may be in the bookmark page or press the \equiv button again

7. When App is loaded, select "login," then register.

For questions about the App, call 845-208-8503 or email mauriello@halstonmedia.com.



Yolanda and Peter Matranga of Jefferson Village celebrated their 60th wedding anniversary on Jan. 31. The couple, which moved to Yorktown from the Bronx 15 years ago, celebrated the special event with their family. They have four children and in-laws, Jean and Ed Day, Rae and Angela Caracciola-Matranga, Sue and Dan Brophy and Joe and Mary Ellen Matranga. The couple are also the proud grandparents of Chris and Mike Day; Peter, Vinny and Jake Matranga; Brian, Steve and Alyssa Brophy; and great-grandparents of CJ Day.

PHOTO COURTESY OF MATRANGA FAMILY





Your wnlo Today

2. Scan this QR code.

in your phone browser, scroll to the bottom and click Consumers tab and click on the "Yorktown News" App.

IPHONE USERS

The Staff

EDITORIAL TEAM:

BRYAN FUMAGALLI EDITOR: 914-302-5830 FUMAGALLI@HALSTONMEDIA.COM

BRIAN MARSCHHAUSER MANAGING EDITOR: 914-302-5628 MARSCHHAUSER@HALSTONMEDIA.COM

ROB DIANTONIO Sports Editor: 914-302-5236 DIANTONIO@HALSTONMEDIA.COM

ADVERTISING: GARY CULLEN ACCOUNT EXECUTIVE: 914-214-4285 CULLEN@HALSTONMEDIA.COM

PRODUCTION. CHRISTINA SCOTTI Production Manager: 845-208-0772 SCOTTI@HALSTONMEDIA.COM

CIRCULATION: NICK MAURIELLO MARKETING SERVICES MANAGER: 845-208-8503 CIRCULATION@HALSTONMEDIA.COM

EXECUTIVE TEAM: BRETT FREEMAN

PUBLISHER: 845-621-1115 FREEMAN@HALSTONMEDIA.COM

KEN FREEMAN CHAIRMAN: 845-621-4049 KFREEMAN@HALSTONMEDIA.COM

SHELLEY KILCOYNE VP of Business Development: 845-621-1116 KILCOYNE@HALSTONMEDIA.COM

SUBSCRIBE TO REQUEST YORKTOWN NEWS WEEKLY DELIVERY, CALL NICK MAURIELLO AT 845-208-8503.

> **VISIT US ONLINE** www.YourYorktown.com WWW.HALSTONMEDIA.COM



SINGLE COPY: 25¢ MAIL SUBSCRIPTIONS: \$60 ANNUAL PAYMENT TERM OR \$99 FOR FIRST CLASS

PERIODICALS POSTAGE PAID AT YORKTOWN HEIGHTS, NY AND AT ADDITIONAL OFFICES.

POSTMASTER: SEND ADDRESS CHANGES TO YORKTOWN NEWS AT 3505 HILL BLVD., SUITE G, YORKTOWN HEIGHTS, NY 10598



(ISSN 2329-8693) PUBLISHED WEEKLY BY HALSTON MEDIA, LLC AT 3505 HILL BLVD., SUITE G YORKTOWN HEIGHTS, NY 10598 ©2014 HALSTON MEDIA, LLC

TOWN GREEN Parks and Rec

Teen Center

Girls Only Night

p.m. on Friday, Feb. 21 for Teen

Center Girls Only Night. There

will be crafts, cupcake decorating,

Zumba, karaoke, gym, ping pong,

and more! Cost is \$5 for members

and \$10 for non-members. Fee

includes pizza, snacks, game and

where children blossom

OPEN ALL SNOW DAYS

New Hours: 6:30am - 7:00pm

Homemade Meals & Snacks

2175 Crompond Road

TheSeedDayCare.com

ANTHONY M

ORAL &

2 STOWE ROAD, SUITE 14

PEEKSKILL, NY 10566

914.736.3343

VECCHI

MAXILLOFACIAL SURGEON

2084 Baldwin Road

Yorktown Heights

914 962-9622

Half Days Available

Academic Program

craft materials.

Stop by the YCCC from 6 to 9:30

Department SEASONAL EMPLOYMENT

Interested in working this summer as a camp counselor, lifeguard, or other seasonal recreation employment such as special event staff or park maintenance? Apply for seasonal employment with the Yorktown Parks & Recreation Department. Go to yorktownny.org/

naevc

Hurry to

secure

your spot

Dental Implants Will Make You Smile

Dental Implants by Dr. Del Vecchio

will be your answer to:

Frustration from Ill Fitting False Teeth

Eating Holiday Foods Again

Missing Teeth

Smiling and Speaking with Confidence

State-of-the-Art Technology...

A New You in as Little as 5 Hours!

3535 HILL BLVD., SUITE N

914.245.1220

YORKTOWN HTS., NY 10598

NOW REGISTERING FOR ALL PROGRAMS

Toddler 🏮 Pre-school 🏮 Pre-K 🏮 Pre K+

Kindergarten 🍅 Summer Camp

NYS Certified teachers with Master's Degrees

jobs to download an application today. All applications are due to the Parks & Rec office by April 1, 2014. Contact Parks & Rec at 914-245-4650 with any questions.

> Events at the Hart Library

The Programs are free and open to the public but registration is required for most programs. Please

Missed the OPEN HOUSE?

Not to worry—Drop in visits welcome!

Mornings 9-11, Evening & Weekend

Tours Available

see details below. For information contact the reference desk or call 914-245-5262, x-227.

The library is located at 1130 Main St., Shrub Oak, See the website at yorktownlibrary.org for directions.

DAR-SPONSORED PROGRAM.

Tuesday, Feb. 18, 1 p.m. Historical Balladeer, Linda Russell will perform a concert of music of George Washington's era. Plaving hammered and mountain dulcimers, guitar and pennywhistle, she will bring life to the popular music of 18th century America through ballads, broadsides, love songs, marches, drinking songs and dance tunes. Interwoven with the music will be a lively commentary of the life and times of early America. Linda Russell explores history through music. Having served for many years as musical historian for the National Park Service at Federal Hall National Memorial on Wall Street, Ms. Russell now takes her music to historic sites, schools and community organizations throughout the country. New York appearances have included Lincoln Center and the Carnegie Hall Folk Festival. She has recorded eight

SEE TOWN GREEN PAGE 6

Kitchen and Cabinetry Sales Event

If you've been dreaming of upgrading your home's kitchen or bath cabinetry, you're in luck! Jilco Window Corp. is hosting an exclusive MasterBrand (masterbrand. com) kitchen and bath cabinetry sales event at its showroom-located at 135 Mahopac Ave. in Granite Springs—from 8 a.m. to 6 p.m. on Friday, Feb. 14; and from 10 a.m. to 2 p.m. on Saturday, Feb. 15. You'll find irresistible sales on Omega, Dynasty, Kemper, and KitchenCraft products.

For over 30 years Jilco has been serving builders, remodelers, architects, and homeowners in the tri-state area with an extensive product line, over 30,000 square feet of inventory, and an unwavering commitment to integrity as its top priority. A premiere millwork and kitchen supplier, the Jilco team has the project management skill sets and ongoing relationships with top millwork manufacturers to turn even the most challenging building project dreams into reality. You also can expect expert installation, free delivery, after-sale service, architectural support, and many other custom offerings. To learn more, visit jilcowindow.com or call 914-248-6100

JVOMS.COM

PAGE 2

Yorktown News – Thursday, February 13, 2014

Your Neighbor

The story of Sal and Loretta

BY BRIAN MARSCHHAUSER OF YORKTOWN NEWS

t all started with a blind date. That's how Sal and Loretta Lagonia met 13 years ago on City Island. Sal, coming down from Yorktown, and Loretta, from the Bronx, decided to meet somewhere in the middle for a lunch date. The two have been inseparable ever since, as many in Yorktown can attest to.

"We hold hands everywhere we go, even at home!" Loretta said.

After being connected through a mutual friend, Sal and Loretta began a string of phone calls. Keep in mind this was before Facebook, and Sal had little way of knowing what his prospective date looked like.

"The standing joke was he never saw a picture of me and asked, 'How will I recognize you?'" Loretta said. "I said, 'Trust me. I'll be the only Asian within a fivemile radius.' It was a great lunch. And his joke was he didn't want to spend money on a dinner date, so he opted for lunch.³

Saying that he had been on so many unsuccessful dates prior to meeting Loretta, Sal said he did not Loretta and Sal Lagonia want to waste time on another dinner date. Soon after that first meeting on Dec. 1, 2000, however, Sal and Loretta began spending a lot of time with each other.

'After our first date we went back to our respective offices and I told my assistant to cancel my entire social calendar," Loretta said. "Unbeknownst to me, he actually did the same thing when he got back to his office. Then we had, I think, three dates in four days.'

Was it love at first sight?

"I knew," Loretta said.

"Oh yeah, we knew," Sal agreed. Within a year of meeting, Sal and Loretta were married on Oct. 20, 2001, and Loretta relocated to Yorktown to be with her new husband





Loretta watches her husband, Sal, take the oath of office for town justice in January.

She is not only my office administrator, she is my campaign manager, she is my number one fan, she is everything I could ever ask for in a person. She is also my wife and the love of my life.' -Sal on Loretta

We hold hands everywhere we go, even at home ... Sal is truly my best friend.

-Loretta on Sal

PHOTO COURTESY OF FACEBOOK

perience," Loretta said. "It took me a while to get used to not having sidewalks or lights during the nighttime, but I got really used to it and I can't think of any place else to live."

After moving to Yorktown, Loretta left her job as an executive director for a non-profit to help out Sal in his busy law office. Both are self-described "type A" and "alpha" personalities, but the Lagonias say their working relationship has been a successful one.

"We share almost everything," Sal said. "She's my best co-pilot, she's the groupie when I play music, and I'm her biggest fan.

Sal, known by most in Yorktown as Judge Lagonia, runs a law office "It was a cultural shock and ex- on Underhill Avenue specializing

in aviation law. Sal spends his spare time piloting airplanes and playing trumpet in multiple bands. Loretta has also played a key role in Sal's election and re-election campaigns for Town justice in 2009 and 2013.

"She is not only my office administrator, she is my campaign manager, she is my number one fan, she is everything I could ever ask for in a person," Sal said after taking his oath of office in January. "She is also my wife and the love of my life."

After 13 years, Sal and Loretta's love has only grown stronger. On top of holding hands everywhere they go, they do other things that might sound cliché, even by Hollywood standards.

"He gets breakfast in bed every day," Loretta said.

Sal said there is no one "secret" to a successful marriage, but believes he and Loretta get along so well because they understand each other and never take anything for granted.

"She's just the cutest thing in the whole world," Sal said. "She is. The cutest thing in the whole world and the most loyal person you ever want to meet."

So what does a couple like Sal and Loretta do for Valentine's Day?

"I really don't like going out on Valentine's Day. It's too commercialized and too rushed," Loretta said. "I'm pushing for having a pizza pie delivered and a bottle of good wine. Simple is better. To us,

each day is a Valentine's Day. " Despite her reluctance, Loretta

knows it's possible that her husband has something up his sleeve.

Sal is truly my best friend," she said. "Love to me is not defined by words, it is defined by actions. And in our relationship, Sal is the more romantic one. I'm pragmatic, give me a waffle iron and I'm tickled. Keep the roses.²

The waffle maker isn't a metaphor. Loretta had wanted one for the longest time, and four years ago on Mother's Day, Sal finally relented and bought her a waffle maker, but he'd also stored diamond earrings inside.

"I returned the earrings and kept the waffle maker," she said.



Judge rules in favor of deer shooting at Teatown

BY BRIAN MARSCHHAUSER OF YORKTOWN NEWS

Teatown Lake Reservation is moving ahead with a planned deer cull on its 875acre preserve after a New York Supreme Court judge denied last week a request by neighbors to block the shooting.

A special permit granted in December 2013 allows Teatown to kill up to 75 deer at various locations on its nature preserve. The deer will be killed using "sharpshooters" from the United States Department of Agriculture.

In a letter sent to neighbors on Feb. 7, the

'This decision was not easy or pleasant for Teatown. We understand that there are some who will be dismayed by this course of action. To those we would say, as difficult as it may seem, it is a necessary part of our responsibility to protect the biodiversity of our forest.'

> -Kevin Carter Teatown Executive Director

Executive Director Kevin Carter wrote that, "Teatown will commence the deer culling

morning of the judge's decision, Teatown this evening," and that the shooting would take place over four to six nights. All shooting must occur before Feb. 28, according to

the permit.

Do Not Enter After Dusk

Park is Closed

Banking (and fishing)

"This decision was not easy or pleasant for Teatown," Carter said in a letter to Yorktown News. "We understand that there are some who will be dismayed by this course of action. To those we would say, as difficult as it may seem, it is a necessary part of our responsibility to protect the biodiversity of our forest."

The nonprofit preserve-situated in Ossining, Yorktown and Cortlandt Manor-has said the current size of the deer herd is threatening the health of vegetation and wildlife.

SEE **TEATOWN** PAGE 5

Deer Management in Progress

Best Done Locally.

Teatown closed earlier this week for deer culling.

PHOTO COURTESY OF LINDA CONTE

PCSB HAS CHECKING ACCOUNTS FOR EVERYONE. From basic checking with no minimum balance or monthly maintenance fees to our True Local Premium account paying a competitive interest rate. (always with free ATM/debit card*, online banking, and bill pay)



True Local. True Banking.

Brewster • Fishkill • Jefferson Valley • Kent • Mahopac • Pawling • Pawling Village • Somers • Yorktown • New City

FDIC 🗐 Online, On-site, & On Call • Learn more at PCSB.com • (845) 279-7101

> * A fee applies to ATM transactions performed at a non-PCSB owned Automated Teller Machine, in addition to any fee charged by the owner of the ATM and/or interchange fee.



www.SpirelliElectric.com • PatJr@SpirelliElectric.com

TEATOWN

FROM PAGE 4

The deer population at Teatown is currently estimated to be 72 deer per square mile, which is above the 10 to 20 deer per square mile generally recommended to protect forest health, officials said. The deer herd at Teatown is estimated to be to rule in their favor. 101 deer, approximately 70 deer too many.

Carter said the decision to cull the deer was grounded in Teatown's mission: "To conserve open space and to educate and involve the regional community in order to sustain the diversity of wildlife, plants and habitats for future generations."

without question a threat to the biodiversity," Carter said.

Negative changes to Teatown's habitat include the disappearance of wildflowers, shrubs and young trees, which Carter said is critical for providing food and habitat for other animals. He added that bird species such as ruffed grouse, ovenbirds, and Canada and wormeating warblers began to disappear from Teatown.

"These changes all coincided with something else we have documented—a dramatic increase in the local deer population," he said.

Linda Conte, a neighboring resident in Croton-on-Hudson, called Carter and Teatown's view hypocritical. She and other neighbors protested the deer cull at Teatown's annual EagleFest on Saturday, Feb. 8.

"The juxtaposition between having people come and get excited about eagles and nature and enjoying that, and having people going out and killing other animals is just stunning and very repulsive," Conte said.

As of Feb. 11, Conte was one of 1,314 supporters that have signed an online petition at Change.org, which is titled "Teatown Nature Preserve-Stop the Deer Slaughter." The petition was started by Animal Defenders of Westchester.

"It's so terrible," said Kiley Blackman, the group's director. "It's very upsetting. I feel so bad for the neighbors up there—in that area, particularly.'

Blackman said she was hoping for a "fair shot" in court and hoped that Judge Lester Adler was going ing, or occupied structure.

'The juxtaposition between having people come and get excited about eagles and nature and enjoying that, and having people going out and killing other animals is just stunning and very repulsive.'

-Linda Conte

Neighboring property owner

According to the work agree-

ment between the USDA and

"I just feel like in the next few years, people are going to really change and it's going to reflect in the judiciary," Blackman said. "Out with the old; in with the new. It will be people in all aspects of life who have a more enlightened view"

While the permit allows for 75 deer to be killed this winter, Carter "The resulting overpopulation is said around 30 is a more likely number. It is expected to take multiple years to bring the deer population down to a manageable level, Carter said.

"Teatown understands that deer management is a continuous process and will be an integral part of our land management plans moving forward," he said. "This ongoing program requires us to continually study our forest to assess the effectiveness of our efforts, and adjust our plans if the desired outcome of forest regeneration is not achieved ³

Friday's ruling did not go in their favor, but Blackman and Conte both said they will continue to fight the program so long as it exists.

'We're not going to stop," Blackman said

Teatown will use bait to lure the deer, and the deer will be located using infrared cameras, night vision or a spotlight. All deer killed will be processed for consumption and be donated to a venison donation program, according to the permit.

The shooting will be carried out through a cooperative service agreement with the United States Department of Agriculture. Three wildlife biologists will conduct the deer sharpshooting.

Shooting is allowed at 16 tax map locations in Yorktown and at four locations in Cortlandt. The permit does not allow for shooting within 500 feet of a school, playground, occupied factory or church; shooting from a motor vehicle or across any highway; or shooting within 500 feet of a dwelling, farm build-

Teatown, the shooters will be using lets to travel through a target. The shooters would be aiming down at frangible bullets that do not travel

the deer from elevated platforms.

PAGE 5

"Ultimately, we want a healthy forest providing a better life for all species including the deer herd," Carter said. "This is our mission. We look forward to the restoration of our lands to their former beauty and eagerly anticipate the return of wildflowers in the spring, warblers and other forest birds in the summer, and a complex web of plant and animal life.'



long distances and break upon im-

pact, reducing the chance for bul-

Get home insurance from me.

Protect your most valuable investment with Allstate Home Insurance. Get helpful advice from home experts like Mike Holmes. And personal service from me, someone who can help you understand what you and your home need to be protected. Call me today.



Romano Agency Inc (914) 526-3700 1976 E. Main Street

Mohegan Lake aromano@allstate.com



Call or stop by to see how much you can save.

Auto Home Life Retirement

We're the only TRULY LOCAL PAPERS around Call us at 845.621.1116

Mahopac News

Somers Record

Yorktown

From the Mailbox to the Kitchen Table, Where Decisions Are Really Made

...by U.S. Mail

so you know you'll be seen.

Reach more homes in Mahopac, Somers & Yorktown than any other local paper

Subject to terms, conditions and availability. Allstate Vehicle and Property Insurance Company © 2013 Allstate Insurance Co.

TOWN GREEN FROM PAGE 2

FRUIVI PAGE Z

albums of traditional and popular music of the past. No registration.

EARRING MAKING WORKSHOP Thursday, Feb. 20 at 6 p.m.

Make earrings for yourself and for a Battered Women's Shelter. Optional: Bring any old bead jewelry that you can recycle into earrings! If you have any jewelry making tools, bring them along too. For adults and teens. Please register for this program.

PAPER ARTS & MIXED MEDIA-COLLAGE TAKES WINGS

Wednesday, Feb. 26 at 6 p.m.

Led by Lavinia Wiggins. Using the popular theme of birds we'll make a small mixed media collage. We'll focus on creating an interesting background with color glazing, washing and tinting as well as acrylic mediums to add depth to our work. Bring gloves, this is a hands on class! You will get a materials list when you register. Please register for this program.

Events at Teatown

ALL THAT REMAINS

Sunday, Feb. 16, 1 - 2:30 p.m.Summer is long gone but some reminders still persist into the cold weather. We'll hike the Cliffdale Loop trail to hunt for signs of summer past and spring to come. Meet at the Cliffdale Farm parking lot. Adults. Free for members, \$5 for non-members. Programs require pre-registration. To register, call 914-762-2912 x110

The Tortoise and the Hare

Saturday, Feb. 22, 2-3:30 p.m.Animals have always figured in stories and folk tales but are they depicted accurately? Meet some of these animals and find out for yourself. All Welcome. Free for members, \$5 for non-members. Programs require pre-registration. To register, call 914-762-2912 x110

ANIMAL ADVENTURES: AMAZING ARTHROPODS

Saturday March 1, 11 a.m. – noon

Meet a few of Teatown ambassador animals in this program featuring animals with six and eight legs. Families with children over 4 years old. Free for members, \$5 for non-members. Programs require pre-registration. To register, call 914-762-2912 x110.

Summer camps

SUMMER DAY CAMP: THERE'S NO PLACE LIKE CAMP

Visit yorktownny.org to view the 2014 Summer Camp Brochure for pre-school, half day, full day, travel and adventure camp! Something for everyone age three to entering ninth grade. Registration begins March 31.

Joseph Patrick Howard

Joseph Patrick Howard of Yorktown died Jan. 31. He was 81.

Howard was born Oct. 9, 1932, in Washington Heights, to John and Catherine Howard. He was a graduate of Cardinal Hayes High School. He was a U.S. Air Force veteran who served during the Korean War. He worked for more than three decades for IBM and later the Department of Veterans Affairs. In his 60s, he returned to school and received a Master's degree in finance from Manhattan College to go with his earlier diploma from St. John's University. He was a parishioner at St. Elizabeth Ann Seton in Shrub Oak since moving to Yorktown, N.Y. in 1967. His novel, "The Tribe," published in 2009, illustrated what it was like to grow up Irish Catholic in the post-War Bronx.

Howard is survived by his wife, Ann; sister, Frances (James); children, Eileen (Craig), Cathi (Raul), Anthony (Alison), Mary Beth (Joseph), Claire (Martin), Teresa (Peter) and Brian (Kristen); 19 grandchildren; and many friends.

No service details available.

In lieu of flowers, donations may be made to Medical Mission Sisters, 8400 Pine Road, Philadelphia, Pa. 19111.

OBITUARIES

Henry Franklin Cuatt

Henry (Hank) Franklin Cuatt, 83, died Jan. 21, peacefully in his home, surrounded by great love.

He was born Sept. 13, 1930 in Yorktown Heights to Frank Cuatt and Rose Vincent Cuatt. He attended Cortland State Teachers College, Dutchess Community College.

Henry was employed in various financial capacities in multiple cities and towns: Peekskill, Poughkeepsie, Beacon, Wappinger Falls, Ossining, Syracuse and Millbrook. He also volunteered his services to St. Columbus Catholic Church in Hopewell Junction. Hank was an active member of Marriage Encounter, Cursillo and spiritual retreat programs for teenagers and prisoners.

After retirement to Jensen Beach, Fla., he enjoyed working and playing golf at PGA West Golf Course.

He was a jock through and through. He was a life guard, played football, baseball, softball, basketball, racquetball, volleyball and even bowled a couple seasons.

In his everyday life, he was an actor, a mimic, a storyteller a dancer or a singer. He dabbled in many languages and dialects. He had a quick wit and was wise advisor to family and friends. Henry had a keen understanding of and interest in civics and guided three generations through the art of civil political discourse. Somehow he appeared to be better dressed than anyone even in his pajamas. He was a lover of butter and a mighty fine fudge maker. Reading was a great pleasure to him up until his last moments. He was known for his honor and integrity in all situations and was definitely no 'jive turkey'.

He is survived by "The Queen" Marie (Kalisky) Cuatt, his wife of 58 years and four children, Kevin (Heidi), Susanne, Lisa, and Carol (Todd). He also had seven grandchildren, each above average and adored; Kyle, Kelly, Rachel, Nancy, Andrea, Emily and Dylan. He will also be greatly missed by his sister-in-law Bernice (Kalisky) Buchanan and brother -in-law Buddy Kalisky and his four favorite nieces, Julie, Jennifer, Debora and Dawn.

Please visit and sign our online guest register book at aycockjensenbeach.com

Contact Us

Yorktown News is located at 3505 Hill Blvd., Suite G, Yorktown Heights, NY 10598. You can contact us at 914-302-5830 or email yorktownnews@ halstonmedia.com.



32 Triangle Shopping Center • Yorktown Heights • 914-245-3899 OPEN MON-SAT

PAGE 6

Jpinion

You cannot make this stuff up

PROFILES IN POLITICAL WEENIE-ISM

All Town Board members, with the exception of Supervisor Michael Grace, have decided NOT to attend the public meeting scheduled for discussion about convalescent home on Jan. 24 at Town

Board members give for deciding not to attend is that they do not want to be seen

ing on the matter, which is scheduled for

As if the feelings of the council mem-

Who says they have to speak up at the

meeting, anyway? Only a politician would

feel the need to speak at a gathering of

public opinion, the hubris of it all! Even

though council members are paid by the

taxpayers and they scheduled the meeting,

they are saying to the concerned residents,

"What you have to say is of no importance

This convalescent home will become

a reality. We must remember that it is

not only bad people who succumb to

substance abuse, but nice people, too.

The sooner young people realize this, the

sooner they will seek help for themselves

This NIMBY-ism (NotInMyBackyard)

is a crock. We are told by our parents from

second chance. What kind of example are

we setting for young people when we act

I am old enough to remember all the

fear mongering when the Phoenix House

wanted to locate to Stoney Street. Those

fears were unfounded and those kids at

as though, if it too close to our community,

an early age that everyone deserves a

that a second chance is bunk?

as taking sides before the public hear-

Hall The Town Board scheduled the meeting earlier this month after residents informed the council that they wanted the Town Board to hear their reasons for not wanting the home in their neighborhood. The reason Town

March 4.

bers are state secrets..

until we deem it so."

and their friends.



Phoenix House have a 98 percent success rate. Adults deserve the same chance, not just kids.

FORTY-FOUR PERCENT OF PEOPLE STILL STUPID

According to the latest CNN poll, 44 percent of the people still blame Bush for the state of the economy. This. in spite of being on year six of the policies put in place by this adminis-tration. While it is true that the economy began

to tank while Bush was still president, remember it was the Democrat-controlled Congress and Senate the last two years of his presidency that blocked any and all attempts to reform the housing market-Fannie Mae and Freddie Mac in particular. Not only that, but the Democrat cronies who headed those institutions secured windfall profits for themselves by forcing lending institutions to continue to give loans to people who could not possibly pay them back.

To see the root cause of the housing collapse, check out Jimmy Carter's Community Reinvestment Act of 1977.

You will notice that the justice department only went after the lending institutions, but not the government officials who made and enforced the policies these institutions had to adhere to. You will also notice that polling right after the 2012 election found 55 percent blamed Bush for the economy. So, at least it is trending down. However, the poll shows more people still blame Bush than the present administration. And they called Reagan the "Teflon President..."

CVS TO STOP SELLING CIGARETTES BY OCTOBER

CVS is trying to spin this as their idea. That all by themselves they thought of this

SEE BAZZO PAGE 8

THE VOLPE/BAZZO REPORT:

Guests: By request, we are rerunning the show with Legislator Mike Kaplowitz and Yorktown News Reporter Brian Marschhauser at 9:30 p.m. on Wednesday, Feb.19 and Wednesday, Feb. 26 on channel 74.

BAZZO MANIFESTO:

You can read what is going on politically that should be on your radar at bazzman.blogspot. com.

BRETT FREEMAN, PUBLISHER BRYAN FUMAGALLI, EDITOR SHELLEY KILCOYNE, ADVERTISING MANAGER CHRISTINA SCOTTI, PRODUCTION MANAGER



What we can learn from **Philip Seymour Hoffman**

remember as an 11 year old being glued to the television to catch every episode of a show called "The Rebel"

(1959) with Nick Adams playing a character named Johnny Yuma. Adams was an up and coming star at the time who later befriended the likes of James Dean and Elvis Presley. What I couldn't have imagined then was that just nine

years later my hero, Nick Adams, aka The Rebel, would die of a prescription drug overdose at age 36.

Yet, we don't have to look far to see many other examples of drug-related deaths. It seems like every week this paper and others report the upsetting news of a person's death caused by drug overdose. It eventually touches us all. My niece for nine years struggled with a heroin addiction and it almost killed her. Luckily she was able to get help and now many years later she is leading a productive drug-free life. But trust me-it was a living hell for a long time both for her and those who loved her.

The truth is that we live in a culture riddled with compulsions, non-substance addictions, and substance addictions. Power, money and drugs are just a few of the objects that can become incredibly alluring. Once in their grasp it becomes

very difficult to free yourself. We are all familiar with the numerous childhood stars, athletes and politicians who became

MY PERSPECTIVE JAMES MARTORANO

companying adoration. When their ride ends it can be devastating. Many end up craving to regain the attention they once enjoyed and the concurrent "high" that accompanied it.

In this column however, I would like to focus on sharing some thoughts about substance abuse specifically. I have worked with drug addicts for over 37 years during my career as a Legal Aid Society attorney. I have tried to help thousands of drug addicts of all shapes, sizes and ages. I have witnessed firsthand people throwing away their lives and the lives of everyone who loved them because of drugs. But why? What is so compelling that would lead otherwise rational people to do the unthinkable? Perhaps the answer can be found in science.

Physicians have recently drawn a connection between the use of illegal substances and how the brain experiences pleasure. In preparation for this article I asked several of my ex clients what it was that drew them into the web of drug abuse.

SEE MARTORANO PAGE 8

yorktownnews@halstonmedia.com

Editorial Office: 914-302-5830

Fax: 845-621-1120

www.youryorktown.com



3505 HILL BLVD., SUITE G YORKTOWN HEIGHTS, NY 10598 ©2014 HALSTON MEDIA. LLC

Letters to the editor and op-ed submissions may be edited. The views and opinions expressed in letters and op-eds are not necessarily those of Yorktown News or its affiliates. Submissions must include a phone number and address for verification. Not all letters and op-eds will necessarily be published. Letters and op-eds which cannot be verified or are anonymous will not be published. Please send your submissions to the editor by e-mail at vorktownnews@halstonmedia.com. For more information, call the editor at 914-302-5830.

PAGE 7

accustomed to the spotlight and its ac-

OPINION PAGE 8

BAZZO FROM PAGE 7

FROIVI PAGE /

as a good public gesture. A gesture that CVS estimates will cost them \$2 billion a year. They are trying to convince you it was hypocritical to sell tobacco products. What you are not being told is that there are cities and towns all across the country where it is already illegal to sell tobacco products in stories with pharmacies. Last year, during the holidays, there was talk in Albany about passing legislation to ban the sale of tobacco products in pharmacies. The way I see it is that CVS basically had a gun put its head to make this announcement. If the other pharmacies do not "voluntarily" follow suit, watch Albany pass a law.

Check out these words from CVS Public Relations Director Mike DeAngelis, as reported in our sister paper, Mahopac News: "Now more than ever, pharmacies are on the front line of healthcare, becoming more involved in chronic disease management to help patients with high blood pressure, high cholesterol and diabetes. All of these conditions are made worse by smoking. Cigarettes have no place in a setting where healthcare is delivered."

Dear Mr. DeAngelis:

• What type of "healthcare setting" offers up cookies, chips, candy, soda and beer?

• Does CVS actually think this move will prevent one person from smoking?

• Won't the projected \$2 billion loss prevent CVS from hiring new people, promoting employees and expanding? Expanding upon that, don't more people working means more people with health insurance, which tends to mean healthier people, which is supposedly the point of this new policy in the first place?

• And about that heroin-in-a-pill

you guys sell...well that was a low blow, but something that should be discussed at some point.

In short, nationally we will have the same amount of smokers, just fewer workers with health insurance and a smaller number of new CVS stores popping up, which means fewer construction jobs, etc, etc, etc. This is simple economics.

E-C-O-N-O-M-I-C-S

So, what will the politicians in this mess-of-a-state do with this? Well, New York will lose the tax dollars on a portion of that \$2 billion-tax dollars this state can ill afford to lose. Smokers will be forced to pay higher prices at their neighborhood delis, bodegas and gas stations. Or as history has proven, more and more smokers will find other ways-legal and not so legal-of getting their smokes. Bootlegging in New York because of the state's confiscatory tax policies is already a multibillion dollar business.

This means less tax dollars for the state, a greater price-per-pack for those who usually buy cigarettes at CVS, and more action on the black market. Add this to the national affects and you have a real winning move. Will this ruin our economy? No, but it is a small example of how feel good policies and/or regulation tend have

SEE **BAZZO** PAGE 10

MARTORANO FROM PAGE 7

One client, who spoke to me on condition of anonymity, told me: "Unless you have experienced it you can't really understand. The high is so intense that you MUST have it again. And again. And again. You just aren't happy unless you are high."

Science tells us that the process is the same regardless of the substance, whether it is nicotine, cocaine, heroin, crack, alcohol, or pain killers. With repeated use physical changes in the nerve cells (neurons) in the brain will occur. Then the neurons release neurotransmitters into the synapses (empty spaces) between nerve cells. The "neurotransmitter" is a chemical that the brain actually produces which will emit an electric impulse from one nerve cell to another. Finally, when all is said and done, the feeling of euphoria will be "communicated" as neurological data to millions of brain cells, as well as to organs, muscles and other tissues.

You can only imagine what that experience might feel like. The problem is that after a short time the substance no longer provides the same "kick" and therefore the dosage must be upped. That is true because the body has developed a tolerance. Withdrawal will also become more extreme as the person falls deeper and deeper into the hypnotic allure of the substance.

What is more startling is that even after successful treatment and years of being clean the former addict remains only one drink, one snort, one injection away from re-entry into what can only be described as "the black hole of addiction." It is clearly a lifelong struggle.

In the criminal justice system I have observed over the years an evolution of attitudes. We have morphed from the extremes of the "Rockefeller Laws," which mandated life imprisonment for people found with substantial amounts of drugs, to a more enlightened view of drug addiction as a disease. Don't get me wrong, drug users still face jail time but today the emphasis is on treatment and trying to save the addict from a life that is perhaps reminiscent of one of the rings of hell described in Dante's Inferno.

If you are a parent reading this, I know what you are thinking. What can I do to prevent my children from ever going through this? Let's first look at steps Yorktown has made to try to help.

Over a decade and a half ago, Councilman Bianco and I initiated a program of placing a police officer in each school. These officers are well trained, effective and focused on helping our kids.

SEE MARTORANO PAGE 10

The Natural Choice for Dental Care

We Believe Life Is Better With a Healthy Mouth and a Beautiful Smile !

Our unique approach to dental care addresses the health of the mouth in relation to the whole person. Our health promoting dental

services include Cosmetic Dentistry, Implants, Crowns, Dentures, and the treatment of TMJ and bite disorders. We offer special safety protocols for the removal of mercury amalgam

for the removal of mercury amalgam fillings.



Call us at 914.352.0707

www.holisticdentist.com 2649 Strang Blvd., Suite 201 | Yorktown Heights, NY 10598 ON BABY, LIGHT MY FIRE

COME

Fine Jewelry, Fashionable Sterling Silver, Native American Jewelry

Beautiful jewelry by casual people.



256 Route 100 Somers, NY (914) 232-8739 themexicanshack.com





SELLING YORKTOWN



2287 Mark Road Yorktown Heights WEB# YS888694 \$495,000 1023 Lark Drive Yorktown Heights WEB# YS872293 \$450,000 910 Parkway Place Yorktown Heights WEB# YS889670 \$434,500 1863 Hanover Street Yorktown Heights WEB# YS840038 \$775,000

Yorktown Brokerage • 703 E. Main Street (Route 6), Jefferson Valley, New York 10535 • HoulihanLawrence.com

LETTERS

What a sober living residence is and what it isn't

Editor's note: This letter was submitted by Dr. Arnold M. Washton, a clinical consultant to Compass Westchester, which is

BAZZO

FROM PAGE 8

negative outcomes. (See liberalism in our inner cities from 1964 to present.)

Mark my words. This will only make things worse.

ALBANY TO SMALL BUSINESS: DROP DEAD

A few years back, the governor signed a law that made it easier for

MARTORANO

FROM PAGE 8

Their first priority is identifying and assisting youngsters who may be involved in drugs. My advice to parents reading this column is to get to know the officer in your child's school and work with them.

Yorktown didn't stop there, however. The local courts initiated programs for kids who could be identified as having drug-related

the sober home proposed for 482 Underhill Ave.

To the editor,

The proposal to establish a sober living residence at 482 Underhill Ave. in Yorktown Heights has been met with vocal opposition from a handful of residents who

niche wineries and beer makers to

open businesses in New York. This

law has proven to be more suc-

cessful than imagined. Go to any

have distributed erroneous, emotionally provocative information designed to incite fear and opposition. Yorktown residents, however, deserve to know the facts about the proposed residence, called Compass Westchester.

As a licensed psychologist specializing in the treatment of

New York State wine. Taxes and

regulations, as is so often the case.

were the difference. So, now that

we have these small wineries on

to pass a law that would require

these wineries to store their wines

in New York for a minimum of 48

addiction, I know first-hand how a sober living residence operates, and when I was asked several months ago by the founders of Compass Westchester to serve as clinical consultant to the project, I readily agreed.

Far from being a threat to the neighborhood, Compass West-

Right now, most of these small wineries are able to store their merchandise in New Jersey warehouses at a much cheaper price. If this law passes, it has been reported that it will add \$2 to the price of a bottle of wine. This will force the nearly 200 small wineries to either lay off workers or go out of business altogether. Think about this next time you see commercials sponsored by the governor that tout how New

chester would provide a muchneeded service to those we live and work with, and would bolster Yorktown's reputation as a progressive community dedicated to working for the good of all citizens

SEE **LETTERS** PAGE 11

York is open for business. If this proposed law ever gets to his desk and he signs it, tell him to go to hell. Also, I would not vote for any legislator who votes for this.

This is what I say. What say you?

Sources:

CNN Poll: politicalticker.blogs.cnn. com/2014/02/06/cnn-poll-is-bushstill-to-blame-for-economy

sign of trouble seek professional help.

Our kids may not ever reach the notoriety and fame of some of the movie stars lost to addiction, but for us they are our world. Let's hope that with a little bit of luck, a lot of love and understanding mixed in with a huge dose of communication that we can make sure that they live a life free of the inevitable tragedy that comes with addiction.

issues. Also during my tenure as councilman, the Town Board-in an attempt to apprehend drug dealers-dedicated a police officer to work as an undercover. He was phenomenal at his job. But the news wasn't all good. Despite his success at busting countless drug dealers, he shared with me incredible stories that convinced me that we were losing the war against drugs. The bottom line was that drug use was more rampant than

anyone wanted to admit.

hours

Unfortunately, our undercover officer (working in conjunction with the county police) fell on ice chasing a perpetrator and became permanently injured. It took years for the Town Board to again dedicate funds to replace him (which recently happened). I sincerely doubt that one person is enough. Personally I always advocated establishing a drug unit. I know to dedicate more officers will cost a

considerable amount of money. In my humble opinion, as painful as additional costs might be, the pain of losing one of our kids to addiction is immeasurably greater.

More importantly, as parents we can't expect government or even the schools to solve this problem. The true line of defense in our war against drug abuse is the family. The best thing you can do is to maintain lines of communication with your youngster. At the first



liquor store and you will find New the threshold of success, there are York State wines of above average lawmakers in Albany-after getquality at reasonable prices. ting hundreds of thousands of dol-I remember when my family lars from the two biggest distributors of wines and spirits-trying

owned a liquor store in Shrub Oak (Lakeland Liquors) where you could get a gallon of California wine at a cheaper price than what it would cost for a half-gallon of

LETTERS FROM PAGE 10

Let me clarify what a sober living residence is and is not. A sober

Ing residence is and is not. A sober living house is NOT a halfway house. Halfway houses generally serve individuals with a criminal history whose tenure at the house has been mandated by the courts. These facilities are usually government funded and may be free or low-cost.

Sober living residences serve individuals who have successfully completed a rehab program and want to ensure a successful return to normal living. Residents often include executives, professionals, and business owners who are taking this step to make sure their return to work and home life is successful. Living in a structured, supervised, and substance-free environment for an average period of 30 to 60 days, residents receive support in gradually acclimating to and coping with the triggers and challenges of the outside world. They work on repairing relationships and regaining the trust of family and friends. Their participation in the residence is voluntarily; they pay to stay at the facility because they know it is worth it and they are committed to success The main functions of a sober

living residence are:

1. To offer a period of transition, in a totally substance-free environment, during which the individual can adjust to sobriety and acquire the coping skills needed for returning to home and work without relapsing.

2. To allow the individual to begin healing and to repair relationships with those who have been adversely affected by their loved one's addiction.

3. To help the individual learn to utilize a support system. The relationships forged in an SLR, coupled with regular attendance at AA meetings and counseling sessions, are invaluable in helping an individual gain traction in recovery.

Residents of the program are accepted only after careful screening by me or my associate, a licensed psychiatrist. Residents are not allowed to have cars; the program provides transportation to meetings or to work. Any resident who leaves the premises is accompanied by a staff member, and the facility is staffed 24/7 by an on-site supervisor. No drugs or alcohol of any kind are allowed on the premises, and there is a zerotolerance policy in the extremely unlikely event that any should ever be brought onto the grounds. To illustrate why a highfunctioning person would want to reside in a sober living residence following rehab, let me offer this real-life example, based on a patient of mine.

"Matt" is a 45-year-old executive who has struggled with a drinking problem since college. He attended a number of rehab programs but each time relapsed within weeks of returning home, usually following an argument with his wife or a bad day at work. The last time he went to rehab, his family insisted that he not return home until he had been sober for at least two months. His wife was tired and discouraged; his boss was growing increasingly impatient.

Recognizing that he needed extra support and practice in transitioning to normal daily living, Matt stayed in a sober living residence for eight weeks. He went to work, attended AA meetings, underwent urine testing to verify his abstinence, and received outpatient therapy.

At the end of his stay he successfully rejoined his wife and son

and resumed his career. Looking back, Matt feels that without the benefit of his transitional stay at an SLR, he was likely to relapse and repeat the same patterns all over again.

PAGE 11

Many of us were saddened by the death of Philip Seymour Hoffman, an intelligent, talented actor with a loving circle of family and friends. For whatever reasons, he was unable to cement the coping skills that may have allowed him to resist the temptations leading to his death. By establishing Compass Westchester, we in Yorktown can help others to do just that.

Dr. Arnold M. Washton

Don't let Yorktown be ruled by mob mentality

Editor's note: Bill Primavera has been hired by Compass Westchester for public relations work.

To the editor, Congratulations to reporter Brian Marschhauser for such balanced reporting on the "sober living residence" issue which allowed the applicants for the special use permit to respond to some of the more outrageous distortions that nearby neighbors had advanced at the Jan. 28 Town Board meeting, which I attended.

OPINIO

I must confess with great shame that, unwittingly, I found myself falling into the kind of mob mentality generated by that group of residents, goaded on by one of its leaders, a very talented lawyer. a woman, who would have us believe that our community was about to be invaded by criminals who would endanger our safety, sexual predators that would be on the prowl for our children and substance abusers who would be dealing drugs on the streets. Besides all that, property values would plummet.

With full disclosure, the very next day, the applicant reached out to me as founder of Westchester's longest running public relations

SEE **LETTERS** PAGE 12

STARTING A BUSINESS IS HARD ENOUGH



Let us help you do it right.

30 Years of Experience... LAW OFFICES OF JOSEPH J. TOCK 800.869.8080 TOCKLAW.COM





OPINION **PAGE 12**

LETTERS FROM PAGE 11

firm for input and, at first, I too was ready to turn my back on him, but was curious to hear his side of the story. After studying the background and professional experience of all parties associated with the organization, which I learned is called Compass Westchester, as well as its methods of operation, its screening processes, the safeguards in place, its mission and

goals, I know that the enterprise is solidly grounded in principle and practice.

Further, I believe that the applicant has been discriminated against unfairly by a fringe element with bias, incorrect assumptions, and fear-mongering that has taken hold to produce a kind of Salem witch trial environment that really concerns me.

I encourage a more moderated consideration of this matter among all our residents who seek a more

progressive place in which to raise their children, where all who are seeking to live better, sober lives can feel welcomed.

If you agree with me, and want a more progressive and accepting kind of Yorktown, please email our board members who will make the final decision about this special use permit and voice your concerns about those who would bully and discourage visitors who seek healthy lives in recovery.

Tell our board members to keep

Make

Reservations

Early For

Editorial Submissions

Special

Valentine's

Day Menu

Press releases and photos should be submitted to Yorktown News by the Thursday before the next publication date. Submissons can be emailed to yorktownnews@halstonmedia.com or mail it to Yorktown News, 3505 Hill Blvd., Suite G, Yorktown Heights, NY 10598. Send a self-addressed stamped envelope if you'd like your photo returned.

Make Your Valentine's Day Reservation!

Seating By and Regular **Full Menu Our Roaring** teakhouse & Ba Fireplace Available Gome visit as for our anique 0 Valentine's Day experience! C. 1/2 Off Bottle New Chef— **Same Great Menu! Of House Wine** 151 Bryant Pond Road, Mahopac NY (Located Right off the Taconic Parkway) 845-526-1200 • www.charsteakhouseandbar.com



Early Bird Prom Special: Get This Bus for 11 Hours for \$2,250.00

We also offer discounted rates for banquet facilities and groups.

We have a wide selection of vehicles. Check out our website for more specials.

www.bevhillslimo.com • 800-270-7144 WCTLC #05-00002 Yorktown free of discrimination! Write to Board members: Michael Grace (mgrace@yorktownny. org), Nick Bianco (nicgin245@ aol.com), Terrence Murphy (Tmurphy@yorktownny.org), and Vishnu Patel (vishnuvpatel@optonline.net). Then, come to Town Hall at 7:30 p.m. on Monday, Feb. 24 to learn more about Compass Westchester and how it can benefit Yorktown.

Trust me, you'll feel very good about taking part in helping maintain the kind of open and diverse community that Yorktown has always been. Let's keep it that wav!

Sincerely, **Bill Primavera**

More honesty is needed from **Yorktown Schools** To the editor,

Yorktown

The article, "All signs point to full-day kindergarten," dated Thursday, Feb. 6, has at least two misrepresentations in it. First, the bond issue in 2006 was not voted down due to facilities expansion, but was voted down because the Board of Education was less than candid in its presentation concerning the bond issue. They categorized the construction as a "program" and denied at an open meeting that the "program" was new construction. THEY GOT CAUGHT, and the bond was voted down. The current information concerning all day kindergarten may similarly be less than candid. In your article, it is stated "If this all works out...it will just become part of the regular budget," "There is nothing more that's needed. We don't intend to exceed the tax cap, we don't intend to have a separate bond, we don't intend to expand our facilities, and we don't intend to re-open French Hill." "Not only does Yorktown plan to to come in below the tax cap in 2014-2015, the district is hoping to actually lower the tax rate, even with full-day kindergarten." These statements maybe technically true, they are not completely candid. The numbers are based on one half million dollars in New York State Transitional Aid. Without the aid, the budget would go up. The aid is transitional, once gone the budget will have to increase. I am

not unalterably opposed to all-day kindergarten; I am opposed to the providing of information that is not completely candid.

Jay Kopstein Yorktown Heights

Let the people decide the open seat

To the editor,

The unfinished term (2 years) of Yorktown Councilman Dave Paganelli is open and up for grabs. There are three options to fill the remainder of his unfinished term: 1) an appointment by the exist-

ing 4 council members, $\tilde{2}$) a special election that could

be held in March or April, 3) waiting for the regular No-

vember election cycle.

Some would have the vacancy filled immediately by appointment for fear of a deadlocked council. Others suggest a special spring election should be held, which would not allow a primary challenge to the party choices. Waiting until November is a fair, equitable and desirable option.

Appointment by our four current council members to the vacancy gives that person an unfair advantage in the upcoming elections. They will have the coveted title of incumbent, one that comes with significant influence and advantage in the November election which they will have to run in to complete the remaining term of the office. It also leaves the decision up to just 4 elected officials. Candidates for a special election in the spring would be chosen by the party's leadership and committee members, removing the registered voters of that party from participating in the decision.

The ability to challenge the party's choice by primary would not be an option. The shift in the balance of power in our town should be driven by the voters of our town, not the elected officials, political party leaders and committees. Let's enable the largest possible number of voters to participate in this most important decision in a November election. Our democracy calls for a vote, to fill this town council vacancy. A vote of the people, by the people, for the people.

Bob Giordano Yorktown



Please visit our new web site www.PerioWestchester.com

• Dental Implant Treatment • LANAP Laser Periodontal (Gum) Treatment

914-245-1550

200 Veterans Road, Yorktown Heights, NY, 10598



PAGE 14

RELAY FOR LIFE KICKS

The 2014 Relay for Life season officially began Tuesday, Feb. 4 with a kick-off party at the Elks Lodge.

Co-Chairs Jane McCarthy and Danielle Werner were joined by dozens of supporters and teams to begin fundraising efforts for the June 13 cancer walk.

The group, now entering its eighth relay season, has become well-known for its fundraising prowess. The Yorktown walk raised \$264,000 for the American Cancer Society in 2013, coming in fourth place out of 339 Relay for Life events in New York. In 2012, the group also raised a not-too-shabby \$228,000.

Relay for Life will return to Jack DeVito Memorial Field from 7 p.m. to 7 a.m. on June 13. The relay consists of walking teams that raise money by selling goods or services, holding fundraisers or receiving donations. For the entire event, each participating team has at least one member walking on the track.





Diana Pernicano, who has been involved with Relay for eight years because of her father, spoke to everyone now through her own personal experience with the American Cancer Society and how Relay for Life funds helped her directly when she was diagnosed with Hodgkin's Lymphoma. She is now co-chair of Mt. St. Mary's College Relay for Life team.

Emmalyn Davies-Torres is ready to start raising money!



Survivors Vinnie and Joanie Mellusi accept "survivor's gifts" that were handed out to all survivors in attendance at the dinner.

KEEP CALM AND RELAY ON



Co-Chair Danielle Werner and daughter, Madison, with Emmalyn and Jenni Davies-Torres



Lakeland high school counselor Tom Conroy tells his story of his wife Carolyn's fight with cancer.



Karol, Diana and Gina Pernicano with Linda O'Connell of teams Diana's Lymphomaniacs and Debbie's Divas

OFF ANOTHER SEASON



New registrants Lauren Prisco and Lia Golden get their packets handed to them by volunteer Anna Priskie.



Team "Hawks": Laura Copel, team captain Evelyn Miniaci, Survivor Amy Burke and Lois Dymschwedelson



Michelle Garrigan of team "Soaring for a Cure"



Eric DiBartolo with Monica and Rob Garrigan



Maria Elena and Joe Cirrone, of team "Roger and Sons Fights Back," and Adrienne Cusano, who is on the entertainment committee of Relay for Life.



Lakeland students and Members of "Carolyn's Crew" recognized by high school counselor Tom Conroy. They joined "Carolyn's Crew" in honor of Carolyn Conroy's battle with cancer and to help raise awareness and money.



PHOTOS: TABITHA PEARSON MARSHALL Maria DiSimone, Terry Denu, Dana LaPorta, Ellen Keane and Marguerite Tirelli of team M&M



a great time dancing.

YHS librarian Shannon Mersand and her 4-year-old daughter Anastasia had



Yorktown residents Paula and John Markowitz enjoyed getting out to this dance.



Best friends, seniors Hope Androsko and Briana Snyder-Harper.



Live music and dancing ruled the night at the annual Valentine's Day Swing Dance at Yorktown High School last Saturday. The event was hosted by the school's concert band, jazz band, and wind ensemble. There were dance lessons provided by professional swing dancers early in the evening before everyone showed off their new moves later on. Light refreshments were served.



Yorktown High School Jazz band entertains.

BREAST AUGMENTATION SPECIAL Silicone Natrelle Implants only \$5200!

Request your breast augmentation consultation with NEW YORK'S LEADING PLASTIC SURGEONS.



914-366-6139 www.nygplasticsurgery.com

NEW YORK GROUP FOR PLASTIC SURGERY Ends 2/28/14. May not be combined with any other offer or redeemed for cash value.



Yorktown News – Thursday, February 13, 2014

PAGE 17





Freshmen Eliza Pratt and Dimitra Marmaropoulou get silly with mustaches.



Freshman Sidharth Anand and Sophomore Abby Ferri pause between partner rotations at the swing dance.





Yorktown residents Hieka and Bengt Schnieder.



PHOTOS: TABITHA PEARSON MARSHALL Freshmen Max Schwartz and Emily Mann



WWII and USO memorabilia collector Paul Martin shows some of his collection at the Yorktown sixth annual Swing Dance, held at Yorktown High School.



Chimney Cleaning, Chimney Repairs, Gas Conversions, Wood Burning Stoves, Fireplace Glass Doors, Fireplace Inserts, Exhaust Fans, Chimney Relining, Repair Leaks



sings "Cry Me A River", and backed by the YHD Jazz Band, co-directed by Emily Kluga and Jeff Whalen.

Gabby Landocino



Pulte communities are Life Tested[™] which means that we design them with ideas from our homeowners. We offer the amenities we know you prefer and build homes designed to enhance your everyday life. Discover new interests, make new friends and still stay close to family in this one-of-a-kind community.

Retreat at Carmel

- Townhomes are estimated to start from the low \$400's 55+ living in Carmel, NY
- Townhomes with 1st floor owner's
- · Open fleer plane with fley energy
- Picturesque views of the Hudson Valley

New Townhomes Coming March 2014! Move-in Ready Homes Available! Join the email list at www.pulte.com/carmel • 4 Blair Heights, Carmel, NY 10512 Sponsered by Pute Homes of New York LIC, 222 MT. Mry Rd, Basking Ridge, NJ 07920. This advertisement is not an offering. It is a solicitation of interest in the advertised property. N and no deposits can be accorded, or reservations, binding or norbinding, can be made utili an offering this is field with the New York State Department of Law. This Available Purchasers of Homes in the Condominum will also become members of The Retreat at Carmel Homewore's do to include to premismer or options. This material shall not constitute a valid offer in any state where prior registration is required or 1 work by Notographs are to fillustrate puper.

845.228.1216 Pulte.com/Carmel

> re base prices, to be an actual

<u>a</u> 6.

PRESIDENTS' DAY SALE 0% FINANCING FOR 12 MONTHS,

ENTIRE STOCK ON SALE! EVERYTHING AVAILABLE AT DISCOUNT PRICES! HURRY IN & SAVE!



CARPET

EASY MAINTENANCE. TRACKLESS & BERBER IN-STOCK. Now on sale. Installed over premium padding.



CARPET SOLIARE FOOT

> HEAVY PLUSH IN-STOCK NOW ON SALE **INSTALLED OVER PREMIUM PADDING**





COME IN AND SEE ALL OF OUR CARPET, HARDWOOD AND RUNNERS SPECIALS



HARDWOOD FLOORS 3/4 x 2 1/4 Solid Pre-Finished Oak Installed INTO ANY ROOM. LARGE INVENTORY OF 6 DIFFERENT STAINS TO CHOOSE FROM FOR ANY ROOM *Molding, transitions or any rip up of old carpet additional. Based on 140 sq. fl

> **0%** Financing 12 months

STARTING AT

NOURISON WOOL RUNNER BASIC INSTALLATION W/PAD UP TO 20 LIN. FT.

SHOP SMART -**CALL for Free** SHOP LOCAL Measure & Quote

COMPLETELY INSTALLED



IN STOCK

NOURISON WOOL BROADLOOM: SAVE 50% REG. \$13.98/SFT ON SALE FOR \$6.99/SFT INSTALLED WITH PADDING NOURISON WOOL AND VISCOSE BROADLOOM: SAVE 60% REG. \$19.99/SFT SALE \$7.99/SFT INSTALLED WITH PADDING



Allen Carpet & Floor

MOHEGAN LAKE 3061 East Main Street • (914) 526-3333 • (next to the Home Depot) MT KISCO Westchester House & Home • 65 South Moger Ave. • (914) 864-2870 • (next to the Gap)



ADAM GREENE

Senior hopes Huskers leave it all on ice in playoffs

Yorktown senior Adam Greene is a captain and defenseman on the varsity ice hockey team.

BY ROB DIANTONIO OF YORKTOWN NEWS

How old were you when you first started playing hockey and how did you get into it?

I first started playing hockey when I was 4 years old at Brewster Ice Arena. I got into it because my oldest brother Dan played and it looked fun.

What do you think are your strengths as a hockey player? My strengths are skating, passing, making the smart play and involving my teammates.

With sectionals coming up soon, what are the team's goals for the playoffs?

Our goal is to play as hard as possible and let the chips fall where they may!

What do you think will be the key for the team to make a deep run in sectionals?

The key for our team will be to block shots, play good defense, and skate for all three periods. Coach (Bob Fritsche) always emphasizes how important it is to skate for the full 45 minutes.

Who are a few players on the team that have really impressed you with their play this season?

Players that have really impressed me this year are our goalie Madison Drezek, my co-captains Chris Cunnington and Tyler Proscia, and Liam Donnelly. Madison improved so much in the off-season and has made a huge difference to our team this year. Chris's shot has improved tremendously and has led to his parade of goals this season. Tyler just tallied his 100th career point the other night, and Liam sparks our offense with his hard play and passing.

As a team captain, what do you bring to the table as a leader?

I try to set a good example on and off the ice by playing smart, showing sportsmanship, and emphasizing the importance of school.

How would you describe who Adam Greene is to the readers at home?

Adam Greene is a funny and kind kid who loves to have a good time.

Tell us one thing about yourself that not a lot of people may know?

Some people might not know that I am a huge Harry Potter fan — huge.

Have you decided on where you're going to college yet and why did you pick that college? What do you think you want to



Yorktown senior Adam Greene controls the puck during an early regular season game against Lakeland/ Panas.

study?

Next fall I will be attending Penn State University at University Park. I picked Penn State because I love the school spirit, excitement, strong academics and beautiful campus. I don't know what I am going to study yet, but I'm excited about all the opportunities the school offers.

What's your favorite subject

in school and why?

My favorite subject in school is math. I love math because I have a great connection with my teacher and enjoy solving problems.

When you're not playing sports or studying, what do you like to do with your free time?

In my free time I like playing checkers with my mom, baseball with my dad and knitting with my grandmother.

Who has been your biggest role model over the years and what have you learned from them?

My biggest role model over the years has been my very close family friend, Wanda. Wanda has been taking me to my games and watching me play since I was a little boy. She's taught me to work hard, be a good sport, and treat others with kindness and respect.

Favorite sports team and why?

Definitely the Jets. They're brutal, but I love going to the games and watching them play.

Favorite athlete?

John Tavares. Best player in New York!

Favorite show on television? "SportsCenter"

Favorite movie of all time? "Spiderman," it's such a classic.

Favorite band/artist? Zedd

If you could pick one place to visit on vacation that you've never been to, where would you go and why?

I've always wanted to go to Italy. It's beautiful there and since I take Italian in school, it'd be nice to put it to use.

Facebook or Twitter? Why? Twitter. All of the typical teenage girl fighting is on Twitter and it's hilarious!

Favorite food? Tongue with a side of beets.

Best place to eat in Yorktown? Why?

Edwin's Deli. I love the Yankee Club and the Italian Stallion!

Do you play any other varsity sports besides hockey?

No, but I think that I'll buy a glove and try out for the baseball team this year. Go Huskers!

PHOTOS: ROB DIANTONIO

Senior Adam Greene, left, is a captain and defenseman on the Yorktown varsity ice hockey team.

BOYS BASKETBALL **Huskers on a roll heading into sectionals** Yorktown wins four out of last five, ready for Class AA playoffs

BY WILL FISCHER FOR YORKTOWN NEWS

As the basketball season comes to an end, Yorktown and Lakeland are heading in very different directions.

Yorktown (6-12) finished its season by winning four of its last five games. On senior night, a 58-55 win over Nanuet on Feb. 4 extended the Huskers' winning streak to four games. Senior Conor Colgan played a huge role in the game, knocking down two clutch threes and totaling 13 points. Senior Ricky Corrado added 10 points.

Sophomore Luis Cartagena led the Huskers with 20 points. Over the four game-winning streak Cartagena has torched his opponents, averaging 24 points per game. The red-hot, aggressive sophomore will look to continue his scoring streak going into sectionals.

According to Yorktown coach Chris Caputi, confidence played a big role in the Huskers' four game winning streak.

Nanuet we knew was going was to be tough, but it was our senior night and the boys were determined to keep the streak alive," Caputi said. "Pressure down the stretch didn't faze us as we just won three games straight by three points each.'

On Feb. 7, Yorktown dropped its last game of the season to Walter Panas, 49-46. In an extremely thrilling game, it was junior Nick DelBene who stepped up, hitting three huge 3-pointers to keep the Huskers in the game. Cartagena and junior Mason Dyslin also contributed, adding 13 and 10 points, respectively.

out victorious, the close road loss to a enced Putnam Valley, however, held verv talented 14-4 Panas team will only increase the Huskers' confidence.

"Panas is a very serious contender in Class A, and the boys did the job in terms of adjustments from game one,' Caputi said. "Our defense and rebounding was much improved, and our offense was pretty balanced from a scoring standpoint. The boys played their nearts out and really showed that they believe and they can play with anyone.'

Yorktown will have to continue to play with confidence, toughness, and intensity going into sectionals. The Huskers are playing their best basketball at the right time.

"We have to believe in some adjustments and stay the course with them,' Caputi said. "We have played a lot more zone the past few weeks and it has been paying off. On offense they are sharing the ball and feeding the hot hand from game to game, but defense and rebounding is the key."

On whether he thinks his team can do any damage in the Class AA playoffs, Caputi was clear and to the point.

"Yes, we believe we can," he said.

HORNETS DROP TWO GAMES

Across town, Lakeland (5-13) finished up its season with two losses. On Feb. 4, Putnam Valley topped Lakeland 54-46. Sophomore Nick Fazio and junior Kevin Kretzschmar had 12 points each.

Down most of the game, Lakeland did its best to comeback with a 12-1 run opening round is the following day.

Even though Yorktown did not come coming in the second half. Experion, handing Lakeland the loss.

"It's all about the execution in the final four minutes," Lakeland coach Henry Weltman said. "We have to take care of the ball and make smart decisions.'

In a similar game, Lakeland fell 71-59 to Peekskill on Feb. 6. The Hornets went on a 25-15 run at the end of the third quarter to tie up the game going into the fourth. Peekskill, however, took care of business in the fourth and dished Lakeland a loss in the last game of its season.

Junior Mike Morelli was spectacular for the Hornets, recording 29 points in the loss.

Lakeland will face a tough path in sectionals. The Hornets, however, are prepared after battling through an extremely difficult schedule.

In fact, Lakeland has the second most bonus points (19) in Class A. Bonus points are awarded by the strength of a team's schedule. One point is awarded for every opponent with a .500 winning percentage and two points for every opponent with a .750 winning percentage.

"We've had a really tough schedule," Weltman said. "We've been in 16 of our 18 games this year."

Undoubtedly, the difficult schedule will help prepare Lakeland for a potential playoff run.

Sectionals are slated to start on Feb. 13 with the outbracket round. The

the Huskers can make a run in the Class AA sectionals after winning four out of their last five regular season games.

WINTER TRACK AND FIELD

Rebels run at sectionals

Lakeland/Panas competed at the long jump (18-0 1/2). Class AA sectionals on Feb. 8 at the Armory.

On the boys side, Josh Dacres took third in the 55 meters in 6.84 seconds. He also finished sixth in Beltrez took second in the 55-methe 300 meters (36.89).

In the 600 meters, brothers Kunal and Veeral Shah placed fourth (1:24.40) and fifth (1:24.85), respectively. Kunal also finished third in the 1,600 meters in 4:38.16.

The boys placed third in the 4x200-meter relay in a clocking of 1:34.11

For the Rebel girls, Dominique ter hurdles in 8.28 seconds and fifth in the 55 meters in 7.43 seconds. Grace Bugara took sixth in the 1,500 meters in 5:06. Anias Roller placed 15th in the 300 meters (45.04). In the 1,000 meters, Jenna Jason Bingay placed ninth in the Pressman finished 16th (3:23).







Yorktown's Luke Palmadesso (11) and Nick DelBene are hoping

PAGE 21 SPORTS

SPORTS PAGE 22

Lakeland/Panas has banner day at divisionals Rebels to send eight grapplers to sectionals, DiDomenico places first

BY MIKE SABINI FOR YORKTOWN NEWS

wrestlers place high enough at the divisionals of the Division 1 tournament at Mahopac High School on Feb. 8 to earn a spot in this weekend's Section 1 Division 1 Tournament that will take place at both Arlington and Clarkstown South High Schools on Feb. 15-16.

It was a day four years in the making according to Lakeland/Panas coach Dan Belfi.

"All in all, a very successful day," Belfi said. "We are sending six of our eight seniors. And, the eight total is the most we've had since I started coaching here. We wrestled really well. We look forward to getting a good week of practice in, and going after it next weekend."

Leading that group was John Di-Domenico, who placed first at 132 pounds after a 3-2 win over John Jay-Cross River's Conor Melbourne in the finals.

"This is a great feeling," DiDomenico said. "It's the most sectional qualifiers we have had in my career with Lakeland/Panas. A key to that is a lot of us wrestled during the offseason. We went to John Degl's Club over in Somers and that gave us a lot more skill and that gave us a lot more sectional qualifiers this year."

DiDomenico credited Belfi for giving him excellent advice that helped him navigate through a tough bracket

"The main thing today is my coach gave me a really very good game plan for my matches," DiDomenico said. "He helped me wrestle smart out there. My opponents were definitely pretty tough. I had to really use my head to win the matches."

plan and DiDomenico executed it. "John had a great day," Belfi said.

"John picked Mahopac's Chris Cor-Lakeland/Panas had eight of its nell apart for a 10-5 win in the semis and his revenge. And John hung on to beat Melbourne 3-2 in the finals. They've wrestled three times this year. A 10-8 overtime win for John, and 4-3 win for Melbourne, and tonight a 3-2 win."

Joining DiDomenico at the sectionals will be 106-pound Richard Shaw (second-place in divisionals), 138-pound Jonathan Pla (third), 145-pound Blake Cohen (second), 152-pound Chris Carlucci (third), 195-pound Brendan Woods (fourth), 220-pound Chris Chiriguayo (fourth) and 285-pound Stephen Kelley (fourth)

The only non-seniors in the group are Shaw, a freshman, and Kelley, a junior

'We have a senior-laden lineup this year and as I stressed to the kids this week, 'They worked the last four vears of their lives for the next two veekends," Belfi said. "They take that to heart my older guys. They've been wrestling year-round and doing everything they could to rebuild this program.

HUSKERS QUALIFY THREE FOR SECTIONALS

Yorktown, which also competed in the divisionals at Mahopac, will send three of its grapplers to the sectionals. They are 113-pound Pat Patierno (fourth), 120-pound Connor Thomas (third), and 132-pound Chris Varian (fourth)

Both Patierno and Thomas are eighth-graders while Varian is a junior captain.

"I was happy with the way they wrestled, I thought they wrestled tough," Yorktown coach John Tor-Belfi simply said that they had a nambe said. "I thought they com-

peted, all of them. They showed improvement from even a few weeks ago. We have a lot of inexperienced kids in our lineup, a lot of young kids, eighth-graders, ninth-graders and sophomores. For a group of kids with not a lot of experience, they definitely made a lot of progress this vear.'

Tornambe said that Thomas as always left his heart on the mat.

"Every match was a grind them out," Tornambe said. "He didn't dominate anybody but he did find a way to win the close matches and scored a lot of points while doing that."

Patierno was ever so close to making it to the championship round.

"Pat was tied 6-6 in the semis, with eight seconds left, he was on top, and he just got his opponent to his back with eight seconds to give up the reversal," Tornambe said. "He was eight seconds away from being in the finals."

As for Varian, Tornambe was proud of his efforts

"The 132 was definitely the toughest weight class of the tournament," Tornambe said. "To even come out of there with a fourth is an accomplishment. I thought he wrestled really well.'

SEE MORE PHOTOS PAGE 23



Lakeland/Panas senior John DiDomenico picked up a 3-2 win over John Jay-CR's Conor Melbourne in a 132-pound divisional final on Feb. 8 at Mahopac High.

> Yorktown's Connor Thomas placed third at 120 pounds at divisionals.



Lakeland/Panas' Stephen Kelley, right, placed fourth at 285 pounds.





Rebel Jonathan Pla defeated John Jay-CR's Brian Kershner for third place at 138 pounds.

PHOTOS: ROB DIANTONIO



Yorktown News - Thursday, February 13, 2014

PAGE 23 SPORTS

PHOTOS FROM PAGE 22



Yorktown's Pat Patierno grapples Mahopac's Mike Muldoon in the 113-pound third place

bout.



Rebel Richard Shaw, top, battles North Rockland's Alex D'Angelo in the 106-pound final at divisionals. Shaw placed second.



Lakeland/Panas' Chris Chiriguayo took fourth at 220.



Yorktown's Chris Varian, left, battles Mahopac's Chris Cornell in the 132-pound third place match at divisionals.



Lakeland/Panas' Chris Carlucci placed third at 152 pounds at divisionals.

Jefferson Valley: 914-245-4040 No Contracts - Memberships are Month-to-Month



SPORTS PAGE 24

L/P's Castelli, Grigas make state team in gymnastics

BY ROB DIANTONIO OF YORKTOWN NEWS

Two members of the Lakeland/ Panas gymnastics team qualified for states in the uneven bars at sectionals on Feb. 6 at Carmel High School.

Lakeland junior Leanne Castelli made states for the third time in her gymnastics career, while eighthgrade teammate Amanda Grigas made states for the first time. The duo will head up to the College at Brockport on March 1 for states.

Castelli tallied a score of 9.4 in the bars and placed third to make states.

"I'm happy to be on the (state) team again of course," Castelli said. "States is always a lot of fun — making new friends and com-

peting with old ones. Every year I look forward to go out and represent Section 1."

Grigas was ecstatic to make states for the first time after scoring an 8.75 to take fifth at sectionals.

"This means so much to me, knowing that all my hard work and training has paid off," Grigas said. "I think it is an honor to represent Section 1, and to compete among the best in the state."

Castelli also scored a 9.5 in the balance beam to place second at sectionals, 9.425 in the vault to take fourth and 8.55 in the floor exercise to total an all-around score of 36.875. She tied for third in the all-around.

"Although I did better at divisionals, overall sectionals went pretty well," Castelli said. "I started off strong on beam but falling on floor was a little upsetting. I was glad I could make up for it and end strong on vault and bars as well though. Of course I wish I did better on floor but I guess I can't be too upset about tying for third place all around in

the section with a fall."

The junior also placed first in the all-around with a 37.7 at the Division 2 Championships on Feb. 4 at the Dutchess County Gymnastics Center. She took first in the vault (9.5), bars (9.15) and beam (9.5).

"I'll be focusing on just trying to perfect and make my bars routine clean with a lot of repetition at practice," Castelli said of what she'll work on in practice leading up to states. "Possibly add another skill in."

At sectionals, Grigas scored a 9.3 in the vault to finish 10th, 9.25 in the floor and 8.8 in the beam. She finished with an all-around score of 36.1, which was good for eighth.

"Everyone always calls her my "mini-me' and I remember how excited I was making states in eighth grade and I know she is too," Castelli said of Grigas making states. "I can't wait to compete with her at states, I know she's going to do well. I'm really proud of her and how well she did overall this season too."

At divisionals, Grigas placed third overall with a 36.6. She was second in the bars (9.1).

Madison DiVico netted an 8.425 in the vault and 8.475 in the beam.

Theresa Pellegrino scored an 8.425 in the beam, while teammate Stephanie Catalioto earned an 8.4. Pellegrino also tallied an 8.85 in the floor, while Catalioto had an 8.75 and DiVico totaled an 8.65.

"I think they all did great," Castelli said. "Especially Maddie DiVico, Theresa Pellegrino, and Amanda Grigas for it being their first year doing varsity gymnastics and making sectionals and competing so well."



PHOTO: TABITHA PEARSON-MARSHALL

Lakeland/Panas' Leanne Castelli, seen here in the balance beam, made states in the bars.



PHOTO: ROB DIANTONIO

Eighth-grader Amanda Grigas, seen here competing in the floor exercise, made the state team in the uneven bars.



PHOTO: TABITHA PEARSON-MARSHALL Maddie DiVico competes in the beam.





Stephanie Catalioto performs a split leap in the beam.

PHOTO: TABITHA PEARSON-MARSHALL

GIRLS BASKETBALL Huskers have winning week, stun Sailors in OT

BY MIKE SABINI FOR YORKTOWN NEWS

Yorktown's girls basketball squad enjoyed a winning week as it won its last two home games of the season.

The first of those games came in a thrilling 54-53 overtime triumph against Hendrick Hudson on Feb. 6.

Leading the Huskers to the victory was Kelly Donnellan with 15 points, Sarah Bonner with 14 and Lauren Sackett with 10

"It was amazing, we played really hard," Donnellan said. "Unfortunately they tied it up with a three to put it into overtime. Then they missed two foul shots with less than a second left. We were so excited going into overtime. We were so pumped and we had all this energy.

A Hen Hud trey tied the game at 47-47 with 15 seconds left. The Sailors then had a chance to win it but missed two foul shots with 0.4 seconds remaining in regulation.

"The energy we had was a big reason why we won this game," Don-nellan said. "We were all excited for this game. It was a big win because we beat Hen Hud, which is a very good team and it definitely helps for seeding in the sectionals. We were just pumped. We never gave up, right through overtime."

Yorktown played at home the next night as well, as it won a nail-biter against Walter Panas 47-44 on its senior night. The Huskers jumped out to a 14-3 lead before holding on to the victory.

Donnellan led the way with 16 points, including 11 in the second half.

We got ahead early last night and then Sarah and Kelly both got in foul trouble, both picked up a third foul before the five-minute mark of the second quarter and had to sit," Yorktown coach Kevin Clark said. "We struggled offensively for awhile. We were up 19-15 at halftime. From that point on, Panas worked hard. We let them back in the game and Panas worked from that point on and pretty much it was a two, three-point game with us leading basically the rest of the way. Panas was able to tie it late and then we got ahead, took a lead and made a couple of free throws and we were able to hold on at the end.'

The seniors that Yorktown honored were Sackett and Talia Bonner.

"They have given everything, every day, since the very first day I had them for tryouts last year," Clark said. They both come, they both work and they both have a terrific attitude. They have set the bar high for other girls coming up the line. The kids have things to work up to and to try and

match and emulate. It's been terrific having the both of them."

Yorktown (8-10) ended its regular season with a 55-29 loss at Peekskill on Feb. 8 with Sarah Bonner leading the Huskers with seven points.

After trailing 18-4 at the end of the first quarter, Yorktown played its best quarter in the second, playing to a 12-12 tie against the defending Section 1 Class A champions.

"In the second quarter, I thought we made a couple of adjustments, I thought we took better care of the basketball," Clark said. "We got a good shot at the basket. Defensively, we made one good adjustment. We were able to match up better with them on the perimeter."

Lakeland also ended its season at Peekskill, losing to the Red Devils 58-28 on Feb. 6.

The Hornets were led by Nikki Kardias, who scored seven points and Alex Pappalardo, who scored six.

Pappalardo registered two of those with the first basket of the game, putting Lakeland up 2-0. Peekskill, however, took an early stranglehold on its senior night by scoring 17 of the quarter's final 19 points to go up 17-4.

"I was pumped to start us off good and keep it going," Pappalardo said. "But they just made shot after shot and we couldn't box out and rebound."

PHOTO: ROB DIANTONIO

Kelly Donnellan and Yorktown picked up a big overtime win over

inspired by some words from injured captain Kate Weldon, Lakeland (11-7) played a strong third quarter, being outscored just 17-15.

13 with the outbracket round. The opening round will be the following day.

Hendrick Hudson on Feb. 6. Peekskill led 28-8 at halftime but helped us, motivated us to start picking

up our defense, take it to the basket and we really appreciated the help.'

Sectionals are slated to start on Feb.

GYMNASTICS FROM PAGE 24

Lakeland/Panas' Theresa Pellegrino competes in the floor.

PHOTO: ROB DIANTONIO

Hudson Podiatry Associates P.C. DR. WAYNE BLOOM • DR. MICHAEL CARIOSCIA Treatment for: Bunions Hammertoes Neuroma Plantar Fasciitis Heel Spurs Fungal Nails Athletes Foot **Sport Injuries** & other foot conditions Board Certified • American Board of Podiatric Surgery Joint Commission of Hospitals Gold Seal of Approval • Surgery Certified

"Now that she is injured, she is coach

Kate," Pappalardo said. "She really





Servicing the Community for over 20 years **Most Insurance Accepted** www.hudsonpodiatryassociates.com

Yorktown 2050 Saw Mill River Rd., Yorktown Heights, NY 10598 914.245.7888 Cortlandt 2050 East Main St., Cortlandt Manor, NY 10567 914.739.2800 Brewster 314 Clock Tower Commons, Brewster, NY 10509 845.278.2020

SPORTS PAGE 26 ICE HOCKEY

Proscia reaches milestone of 100 points Husker captain also notches OT game-winner against Hen Hud

BY MIKE SABINI FOR YORKTOWN NEWS

It would be tough to have a better week than Yorktown senior ice hockey captain Tyler Proscia had.

He registered his 100th career point in a 9-0 rout at Sleepy Hollow/Irvington/Dobbs Ferry on Feb. 8 at the Westchester Skating Academy and two days before that scored the game-winning goal in overtime to defeat host Hendrick Hudson 4-3 at the Ice Time Sports Complex in Newburgh.

Proscia (3G, 1A) got his 100th point in the second period with a goal against the Legends and finished the night with 102 points on Hilfman (1A), Peter Miley (1A) his career at Yorktown.

"It means a lot, it just shows said. "It's a great feeling especially when not too many people from Yorktown have done it before."

Yorktown coach Bob Fritsche said Proscia is a player that has earned everything he has gotten, from his captaincy right down to all that he has accomplished on the ice.

"He has a nose for being in the right place," Fritsche said. "He hustles, he carries the puck well and protects the puck well when ktown (7-11-1) the one-goal viche gets down in the zone. Like I tell the guys, 'Take shots, get shots to the net. Any shot to the net is a to the net and then Chris Cunninggood shot.' Two things are going to happen when you shoot the puck at

it's going to be a save. I tell them to be aggressive in taking shots. He keeps his nose to the grindstone and works hard. He is a hard worker.'

The game itself was all Yorktown, with the Huskers tallying two goals in the first period and three in the second to go up 5-0 after two periods.

Joining Proscia in the points column against the Legends were Liam Donnelly (2G, 4A), Frankie Gavigan (2G), Chris Cunnington (1G, 1A), Adam Greene (2A), Matt Cantesani (1G), Shaun Benson (1A), Sepp Boeschl (1A), Joshua and Isabel Perry (1A).

In goal, Madison Drezek stood that hard works pays off," Proscia out, recording 14 saves in her first career shutout.

"She played phenomenal," Proscia said. "She came up with big saves when we needed them and she kept our momentum going. She would make a nice save and we just would bounce back from that with energy."

Proscia (1G, 1A) also came up big when he scored in overtime, with assists from Donnelly (2A) and Cunnington (1A), to give Yortory against the Sailors.

"Liam Donnelly backhanded it ton took a shot at the net and then it just popped out, to a completely

the net: it's either going to go in or open goal and I just buried it in," Proscia said. "It was a great feeling to finally beat Hen Hud, which is a good team with a lot of good wins under its belt."

Besides earning a win against a solid Sailor squad, another important thing about the win was that it has the potential to be a confidence booster going into the sectionals.

"It's a big game to get our momentum going into the playoffs," Proscia said. "It's a good time to win games, you want to win as many games as possible now because you want to have a playoff push.

Miley (2G), Greene (1G), Gavigan (1A) and Drezek (23 saves) also contributed to the win against the Sailors

The Huskers will open the Section 1 Division 2 playoffs in the opening round on Feb. 17.

REBELS ROCKED BY CLARKSTOWN

Lakeland/Panas (5-13-1) took it on the chin against host Clarkstown, losing to the Rockland County squad 9-0 on Feb. 6.

Rebel captain Jack Amodeo said that its opponent simply displayed more intensity in the contest held at the Palisades Center Ice Rink.

"Clarkstown just wanted it more," Amodeo said. "They used their numbers and speed which dominated us. They passed a lot in our zone which

made us run around."

Rebel goalie Jimmy Rathkeep his squad in the game, which start on Feb. 16.

making 35 saves.

The Rebels will compete in the schmidt did all he could do to Section 1 Division 1 playoffs,



PHOTO: ROB DIANTONIO

Yorktown senior Tyler Proscia netted his 100th career point in a 9-0 win over Sleepy Hollow/Irvington/Dobbs Ferry on Feb. 8. Two days prior he buried the game winner in overtime to propel the Huskers to a 4-3 victory over Hendrick Hudson.





Simpler cooking, bolder flavors with cooking wine

(BPT) - Using cooking wine in recipes is a simple way to enhance the flavor of any dish. Found on grocery store shelves, cooking wine is just that-wine made for cooking. Use it like you would a seasoning in recipes where you want to add more flavor.

"Many people don't realize how easy it is to use cooking wine," said Rita Held, culinary professional. "Whether I'm making a sauce, marinade or saute, cooking wine is my go-to ingredient for creating more robust flavor."

Everyone can add more flavor to a variety of dishes this season with these simple tips from Held.

• Instead of sauteing vegetables, fish, shrimp, scallops or chicken in heaps of butter or oil, saute them in a smaller amount of oil plus cooking wine for added flavor and moisture with half the calories

• Don't have the time to make a pasta sauce from scratch? Instead of adding garlic or salt, add a splash of cooking wine to jarred sauce for a bolder flavor.

· Cooking wine gives seafood simple, delicious flavor. Marinate shrimp and scallops in white with lemon cooking wine for simple yet savory flavor. Marinate fish fillets in sake cooking wine for 10 to 15 minutes to reduce the fishiness flavor.

· Marinate cheaper, less-tender cuts of beef in red cooking wine for 24 hours to boost flavor and tenderize. Drain and then cook as desired. Flank steak is delicious when marinated overnight in a mixture of red cooking wine, soy sauce and minced garlic.

• Swirl sherry or Marsala cooking wine into creamy soups to add a delicious nutty flavor. Since cooking wine contains one teaspoon of salt per cup, add it anywhere you need more flavor and reduce the amount of salt.

New to using cooking wine? Try Creamy Marsala Spaghetti Sauce for a unique twist on traditional Bolognaise.

Creamy Marsala Spaghetti Sauce

Prep time: 45 minutes

- Ingredients: 1 pound lean ground beef
- 1 cup Holland House Marsala Cooking Wine
- 2 1/2teaspoons parsley
- 2 carrots, shredded or finely chopped
- 1 cup mushrooms, diced
- 4 garlic cloves, minced
- 1/2 cup onion, chopped
- 1tablespoon olive oil
- 1tablespoon oregano
- 1 can (29 ounces) tomato sauce
- 2 tablespoons sugar
- 3/4 cup half-and-half or cream

Directions:

In a frying pan over low heat, gently and slowly cook hamburger with 1/4 cup of the cooking wine and 1 1/2 teaspoons of parsley.

Chop the carrots, mushrooms, garlic and onion, and add to an 8-quart pot with the olive oil. Saute the veggies until soft (about 2 minutes) and then add remaining parsley and oregano. Add the remaining 3/4 cup of cooking wine to the pot and gently simmer for 5 minutes. Add tomato sauce and sugar. Stir and gently simmer over low heat for at least 20 minutes or for up to an hour. Drain the meat and add it to the pot. Finish with half-and-half or cream, stirring until combined.

Prepare your favorite pasta according to packet instructions and stir the sauce into the drained noodles. Serve.



PAGE 27 LEISURE

Makes 4 to 6 servings.

For additional recipes and tips on how to use cooking wine, visit Holland House on Facebook at Facebook.com/ HollandHouseProducts.

Crossword

CLUES ACROSS 1. Int'l. language specialist's org. 6. Filament container 10. Amounts of time 14. Double curves 15. Clumsiness 17. Incapable of compromise 19. Mekong River people 20. Chinese broadsword 21. Rescue squad 22. Cablegram (abbr.) 23. Mold-ripened French cheese 25. Don't know when yet 27. Rivulet 30. Wild Himalayan goat 32. Astronaut's OJ 33. Scientific workplace 35. Xenophane's colony 36. Exchange 38. Semitic fertility god 39. Chit 40. Sylvia Fine's spouse Danny 41. Sole 42. Benne plant 44. Small amount 45. Sodas 46. Sino-Soviet block (abbr.)

48. UC Berkelev

- 49. Express pleasure 50. Paulo, citv 53. History channel's #5 show 59. Divertimento 60. Ridge on Doric column 61. Pastries 62. The "It" Girl 63. Hand drum of No. India **CLUES DOWN** 1. Labor 2. North-central Indian city 3. About aviation 4. The sheltered side 5. Salem State College 6. Twofold 7. Unusually (Scot.) 8. Floral garland 9. Birthpace (abbr.) **10.** Tooth covering 11. Confederate soldiers 12. Signing **13.** Point midway between S and SE 16. Ground where each golf hole begins 18. A lyric poem with complex stanza forms
- 22. Atomic #73
- 23. Thin wire nail
- 24. Ancient Germanic alphabet character 25. Jupiter's 4th satellite 26. Woman's undergarment 28. African antelope 29. Afrikaans 30. Vietnamese offensive 31. Expression of sorrow or pity 32. Scot word for toe 34. Journalist Nellie 36. Compress 37. Whiskies 38. Feathery scarf 40. White clay for porcelain 43. Keeps in reserve 44. Infectious lung disease 46. Draws off 47. Chinese chess piece 48. Parrot's nostril opening 49. Once more 50. One from Serbia 51. Fleshy, bright seed appendage 52. Plural of os 53. The horned viper 54. Japanese apricot tree 55. Taxi 56. Bustle 57. Feline 58. Malavsian Isthmus



Puzzle solutions on page 33

.EISURE PAGE 28



Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Puzzle solutions on page 33

Proudly printed by Trumbull Printing



Please contact us for a FREE consultation, print samples & quote. We also offer a simple online quote request form.

205 Spring Hill Road, Trumbull CT 06611 203.261.2548 www.TrumbullPrinting.com

Newspapers • Publications • Shoppers • Catalogs • Magazines • Directories Coupon Books • College Course Catalogs • Free Standing Inserts Business and Financial Periodicals • Advertising Supplements

E=MC Hammer with a side of meatballs



LOST IN **SUBURBIA** TRACY BECKERMAN

know there are some people who enjoy going back to school and getting advanced degrees, but when I graduated college, I was happy to never, ever, ever open a textbook again.

It's not that I was a bad student. It's just that no matter how much I studied, there were some subjects that simply would not take hold in my brain. Like, most of them. Fortunately, I didn't think it would slow me down in life to not have a good grasp of math, science or history. But I neglected to consider that I might have kids who would need help with their homework one day.

"Hey Mom, do you know what a dodecahedron is?" asked my son as he peered through his math textbook

I thought for a minute. "I think it's a dinosaur," I finally responded.



Was it called the Ottoman Empire because they liked to sit on ottomans?

He looked at me blankly. "That's not right, is it?" I said

glumly. "It's OK. I'll go ask Dad." He went to find his father while I went

back to counting whatever brain cells I had left after childbirth. "Hey Mom," asked my daughter

a little later. "Do you know when the Ottoman Empire ruled?"

"They named an empire after ottomans?" I asked incredulously. "That is so awesome! Did they have one for loveseats, too?

"You're kidding, right?" she asked.

I shook my head.

"It's OK. I'll go ask Dad." She left to find her father while I gazed admiringly at our family room ottoman.

"Hey Mom, do you know the Law of Conservation of Mass? wondered my son that same night.

"Yes, I think it has something to do with gaining weight in the winter and then losing it in the summer," I said firmly.

My husband looked up from his magazine.

"Honey, did you ever actually go to school?" he asked.

I put my hands on my hips and glowered at him.

'Yes," I sniffed. "And I did really, really well in the creative arts.'

"Clearly."

I realized then that my family all thought I was a dummy. I knew that I was smarter than they thought—I just wasn't book smart. So what if I thought a rhombus was a Spanish dance, or that Thomas Edison discovered electricity, or that Ikea was an actual city in Sweden. The important thing was I could do a mean rhombus and I was really good at using electricity and I liked Swedish meatballs. The rest of it was just useless, extraneous information.

"You know," I finally said to them at dinner. "You guys all think you're so brilliant. I want you to know that I'm an award winning columnist, a celebrated author, and a gifted storyteller. Just because you all know the difference between a trapezius and a trapezoid and I don't, doesn't mean you're smarter than me.'

My daughter looked at me, took a bite of food, and then sighed. "Smarter than I."

Become a fan of Lost in Suburbia on Facebook, follow Tracy at facebook.com/ LostinSuburbiaFanPage.

Dedicated to Tradition. **Respect & Understanding** with Deep Caring in Your Time of Need **Conveniently located just off**



the Taconic Pkwy & Route 6

Generation Funeral Director Licensed for 30 Years

Funeral Service within Your Means Living Memories Presentation during Visitation Special Children's Area for Reading or Children's Videos

Affiliated with Yannantuono Burr Davis Sharpe Funeral Home, Woodlawn Morticians

We Honor All Pre-Need **Funeral Arrangements**



945 East Main Street, Yorktown, NY 10588 914.962.0700 www.yorktownfh.com



OFUNERAL HOME

Serving All Faiths Cremations and Burials

Don't let crooks steal your tax refund

(BPT) - To itemize or not to itemize, deductions, exemptions, interest income and capital gainsyou have a lot to think about when you're doing your taxes. While you're preparing your return, don't overlook a consideration that's every bit as important as whether you owe or are due a refund-taxrelated identity theft.

Between 2011 and the end of 2013, the IRS said the agency caught and stopped 14.6 million suspicious returns, and doubled indictments and sentencings in fiscal year 2013. Criminals acquire taxpayers' Social Security numbers and personal information through a t Equifax. "The sheer volume of variety of means-including data breaches, lost or stolen wallets or old-fashioned dumpster divingand use it to file fraudulent returns in the hopes of getting a refund.

Tax identity theft is particularly insidious because it targets Americans during a vulnerable, hectic time," said Trey Loughran, president of the personal solutions unit makes it less likely an identity thief



tax identity theft cases reported by the IRS is astounding. Consumers need to be aware of this growing problem and what steps they can take to help protect themselves."

Fortunately, certain steps can help Americans minimize tax identity theft risks: • Don't wait to file. Filing early

will file first using your name and information. If a crook does attempt to file a fraudulent return in your name, the IRS will be better able to flag it if the agency already has your valid return in hand.

• Guard your mail. During the first months of the year, many important tax documents move through the mail and identity thieves know this. They may steal

W-2s, financial statements and other important documents right out of your mailbox. Consider using a locking mailbox or a post office box to receive and send tax documents, or e-file.

PAGE 29 FINANCIAL PLA

• Protect your PC and all your digital devices. E-filing can be a fast, efficient way to do your taxes, but you must protect your computer with up-to-date anti-virus and anti-malware software, and use a secure Internet connection. Password protect all your devices.

• Don't fall for scams. If you receive an email, text or phone call that purports to be from the IRS, don't respond-especially if the request is for personal information. The IRS only contacts you through postal mail, and will never ask you for your personal information.

• Vet your tax preparer through the Better Business Bureau to ensure you're dealing with a legitimate tax prep service. Never sign a blank return for someone else to complete.

· To protect children and seniors, consider completing Form 8821, which authorizes a person to receive all IRS communications for the individual named on the form. The authorization ensures that if a criminal files a return using your Social Security number or that of a dependent child or senior adult, you'll receive all IRS communications

· Contact the IRS Identity Protection Specialized Unit immediately if you receive a notice from the agency stating more than one tax return was filed for you, that you have a balance for a year you didn't file, or that you received wages from an employer you don't know. You'll also need to file a police report and complete an identity theft affidavit.

"Tax return fraud continues to be a growing threat," Loughran said. "Taking protective measures can help taxpayers avoid becoming victims of tax identity theft.'

How healthcare reform could impact your tax returns

changes in the Affordable Care Act have been implemented in 2013 and 2014. The impact of those changes on federal tax returns due April 15, 2014 and 2015 hinge mainly on your household's adjusted gross income (AGI) and health insurance situation.

The impact on this year's federal tax returns is mainly limited to taxpayers in higher income brackets and those with high unreimbursed medical expenses," said TaxACT spokesperson Jessi Dolmage. "The health insurance mandate starts to be enforced on tax returns filed in 2015.

Changes for tax returns due April 15, 2014

Taxpayers with a modified AGI of \$200,000 or more in 2013 (\$250,000 if filing jointly, or \$125,000 if married filing separately) will pay an additional 3.8 percent tax on investment income, such as interest, dividends, capital gains, rental and royalty income. The 3.8 percent tax is in addition to the tax you already pay on investment income.

Your investment income may be reduced by expenses that can be allocated to your investment income, such as investment interest expenses, advisory and brokerage fees, and rental and royalty expenses. The amount may also be reduced by state and local income taxes that

(BPT) - Several key tax law can be allocated to investment income items.

> Those same taxpayers also started paying an additional 0.9 percent Medicare tax on wages and compensation in excess of \$200,000 in 2013. The tax is automatically withheld from employee wages so you'll simply need to report the amount in Boxes 5 and 6 of your Form W-2 on your tax return. The tax for business owners and the self-employed will be calculated using figures on Schedule SE.

> Taxpayers who itemize must now meet a higher floor to deduct unreimbursed medical expenses. The threshold has increased to 10 percent of your AGI. If your 2013 AGI is \$50,000, for example, you can only deduct medical expenses that exceed \$5,000 (\$50,000 X 10 percent =\$5,000). If you're age 65 or older, the threshold remains at 7.5 percent.

> You can easily and confidently navigate these changes with free online, download or mobile tax solutions," said Dolmage. "The program will guide you through each change and help maximize your credits and deductions."

Health insurance changes for tax returns due next year

If you purchase health insurance through a state or federal marketplace, you may qualify for the advanced premium tax credit. The credit will be paid directly to your

resulting in lower monthly premium costs.

If you prefer to pay your entire premium, you can receive the credit as a refund when filing your federal tax return due April 15, 2014. "TaxACT will reconcile the credit with your income after you enter all of your information," said Dolmage. "You may receive

insurance company in most cases, a larger credit or have to pay back some or all of the credit if your actual income is more or less than the amount you estimated when purchasing insurance."

If you don't have minimum essential health insurance for three or more consecutive months in 2014, you may pay a penalty on your federal tax return due April 2015. The penalty amount depends

on the number of months you're uninsured, household income and the number of uninsured adults and children in the household. The penalty will be 1 percent of your 2014 income or \$95 per person, whichever is higher. The penalty for uninsured dependents under the age of 18 is \$47.50 per child, up to \$285 total per family.



Comprehensive wealth management for individuals and small businesses in one convenient relationship, customized to your needs and objectives.

Failing to Plan Is Planning to Fail.

Investment, Tax, Retirement, Insurance & Estate Planning. Independent advisory firm not limited to any one provider.

Visit our website for more information: www.luciaandassociates.net Call to schedule a Free Consultation: 845.621.7200 888 Route 6 Plaza, Mahopac, NY 10541

Promote Your Charity Send us a press release at yorktownnews@halstonmedia.com, or give us a call at 845-621-1115.

Yorktown News - Thursday, February 13, 2014

PAGE 30 FINANCIAL PLANNING

Which documents should you keep, and for how long?





Are you on track to reach all your financial goals? We are here to help.

Weiss Financial Group provides individuals and families with a level of financial expertise and service that makes us a valued—and trusted—partner throughout the community. Our goals are simple: to understand your needs, create strategies that address your unique financial situation, and deliver the solutions that will help you reach your objectives. For more information visit **www.weiss-financial.com.**

To learn more about how we can work together, or to schedule a complimentary consultation, please call us at 845-621-4700.



Weiss Financial Group is a registered investment advisor. Information presented is for educational purposes only and does not intend to make an offer or solicitation for the sale or purchase of any specific securities product, service, or investment strategy. Investments involve risk and unless otherwise stated, are not guaranteed. Be sure to first consult with a qualified financial adviser, tax professional, or attorney before implementing any strategy or recommendation discussed herein.



Tax & Accounting Services through Weiss Advisory Group: 845-621-5900

SCOTT G. WEISS SPECIAL TO YORKTOWN NEWS

You might be surprised how many people have financial documents scattered all over the house – on the kitchen table, underneath old newspapers, in the hall closet, in the basement. If this describes your financial "filing system", you may have a tough time keeping tabs on your financial life.

Organization will help you, your advisors...and even your heirs. If you've got a meeting scheduled with an accountant, financial consultant, mortgage lender or insurance agent, spare yourself a last-minute scavenger hunt. Take an hour or two to put things in good order. If nothing else, do it for your heirs. When you pass, they will be contending with emotions and won't want to search through your house for this or that piece of paper.

One large file cabinet may suffice. You might prefer a few storage boxes, or stackable units sold at your local big-box retailer. Whatever you choose, here is what should go inside:

Investment statements. Organize them by type: IRA statements, 401(k) statements, mutual fund statements. The annual statements are the ones that really matter; you may decide to forego filing the quarterlies or monthlies.

When it comes to your IRA or 401(k), is it wise to retain your Form 8606s (which report nondeductible contributions to traditional IRAs), your Form 5498s (the "Fair Market Value Information" statements that your IRA custodian sends you each May), and your Form 1099-Rs (which report IRA income distributions).

In addition, you will want to retain any record of your original investment in a fund or a stock. (This will help you determine capital gains or losses. Your annual statement will show you the dividend or capital gains distribution.)

Bank statements. If you have any fear of being audited, keep the last three years' worth of them on file. You may question whether the paper trail has to be that long, but under certain circumstances (lawsuit, divorce, past debts) it may be wise to keep more than three years of statements on file.

Credit card statements. These are less necessary to have around than many people think, but you might want to keep any statements detailing tax-related purchases for up to seven years.

Mortgage documents, mortgage statements and HELOC statements. As a rule, keep mortgage statements for the ownership period of the property plus seven years. As for your mortgage documents, you may wish to keep them for the ownership period of the property plus ten years (though your county recorder's office likely has copies).

Your annual Social Security benefits statement. Keep the most recent one, as it shows your earnings record from the day you started working. Please note, however: if you see an error, you will want to have your W-2 or tax return for the particular year on hand to help Social Security correct it.

Federal and state tax returns. The IRS wants you to hang onto your returns until the period of limitations runs out – that is, the time frame in which you can claim a credit or refund. The standard IRS audit looks at your past three vears of federal tax records. So you need to keep three years of federal (and state) tax records on hand, and up to seven years to be really safe. Tax records pertaining to real property or "real assets" should be kept for as long as you own the asset (and for at least seven years after you sell, exchange or liquidate it).

Payroll statements. What if you own a business or are selfemployed? Retain your payroll statements for seven years or longer, just in case the IRS comes knocking.

Employee benefits statements. Does your company issue these to you annually or quarterly? Keep at least the most recent year-end statement on file.

Insurances. Life, disability, health, auto, home ... you want the policies on file, and you want policy information on hand for the life of the policy plus three years.

Medical records and health insurance. The consensus says you should keep these documents around for five years after the surgery or the end of treatment. If you think you can claim medical expenses on your federal return, keep them for seven years.

Warranties. You only need them until they expire. When they expire, toss them.

Utility bills. Do you need to keep these around for more than a month? No, you really don't. Check last month's statement against this month's, then get rid of last month's bill.

If this seems like too much paper to file, buy a sheet-fed scanner. If you want to get really sophisticated, you can buy one of these and use it to put financial records on your computer. You might want to have the hard copies on file just in case your hard drive and/or your flash drive go awry.

Scott G. Weiss, CFP, is a partner of Weiss Financial Group, a registered investment adviser. He can be reached at 845-621-4700.

BUSINESS & REAL ESTATE

Yorktown News – Thursday, February 13, 2014



Owner Gino Zorlu pops the champagne as Supervisor Michael Grace cuts the ribbon. Also pictured: Councilman Terrence Murphy, George Oros, chief of staff to County Executive Rob Astorino, coowner Taner Gurbetci and Judge Sal Lagonia. Yorktown Deli is located at 2043 Saw Mill River Road.

HUDSON VALLEY HOCKEY COMPANY GRAND OPENING



Supervisor Michael Grace and Councilman Terrence Murphy cut the ribbon with Dakota Catucci and Frank Vazquez, owners of Hudson Valley Hockey Company at 250 Mahopac Ave.

Photo Submissions

Photos submitted to Yorktown News need to be high-resolution. Images that are submitted at a low resolution cannot be published. Submit photos to Yorktown News by the Thursday before the next publication date. Submissons can be emailed to yorktownnews@halstonmedia.com or mail it to Yorktown News, 3505 Hill Blvd., Suite G, Yorktown Heights, NY 10598. Send a self-addressed stamped envelope if you'd like your photo returned.

Taxes Stink.

Why hassle with your tax return when you can have the professionals at Schneider Financial Group prepare them for you.



Plus be entered to win a new iPad Mini as a new client!



824 Route 6, Suite 4, Mahopac, NY 10541 | 845-628-5400 | sfgtaxes.com

Securities offered through Cantella & Co., Inc. Member SIPC/FINRA

BUSINESS & REAL ESTATE PAGE 32



ШШ

845.621.4251

ML S#60828

Yorktown: Your Town

Yorktown Chamber of Commerce News & Events

We'll Find You a Mortgage that Leaves You with **Change to Spare**

We're your neighborhood professional licensed mortgage firm.

We deliver personalized attention and service to all our clients and will provide you with a mortgage loan that meets your needs and fits your budget.

We'll walk you through the process so you can feel as comfortable in your mortgage as you do in your home.



1013 Route 6, Mahopac, NY www.putcap.com stered mortgage broker, NY & CT ba



merce Home and Better Living Expo

Blvd., Yorktown Heights

MONDAY, MARCH 10, 2014, 6 P.M. Networking Meeting Durant, Bock &Tota, PLLC, 2000 Maple Hill St., Yorktown MONDAY, JUNE 9, 2014, 6 P.M. Heights

MONDAY, APRIL 9, 2014, 6 P.M. Networking Meeting St., Yorktown Heights

SATURDAY, APRIL 26, 2014 Fourth Annual 5K Health Yorktown Walk/Run Franklin D. Roosevelt Park

MONDAY, MAY 5, 2014, 6 P.M. Networking Meeting Mohansic Grill & Lounge, 1500 Baldwin Road, Yorktown Heights

Jefferson Valley Mall, 650 Lee FRIDAY, MAY 30, 2014, 7 P.M. Yorktown Chamber of Commerce 16th Annual Dinner Dance Trump National Westchester, 339 Pine Road, Briarcliff Manor

> Networking Meeting TD Bank, 3660 Lee Boulevard, Jefferson Valley

Elite Dental Studios, 334 Kear MONDAY, JULY 16, 2014, 6 P.M. Networking Meeting-Scholarship Awards Presentation

Saidel and Saidel, PC, Little Sorrento Restaurant, A.S.A.P. Mortgage-Doug Petri, 3565 Crompond Road, Cortlandt Manor

AUGUST 2014

Membership Appreciation Dinner

MONDAY, SEPT. 22, 2014, 6 P.M. Networking Meeting PostNet, 80 Route 6, Baldwin Place

SUNDAY, OCT. 12, 2014 Sixth Annual Yorktown Festival &Street Fair

MONDAY, NOV. 10, 2014, 6 P.M. Networking Meeting William Raveis Real Estate,

1820 Commerce St., Yorktown Heights.

MONDAY, DEC. 8, 2014, 6 P.M. Networking Meeting Chase Media Group, 1520 Front St., Yorktown Heights

RESIDENTIAL BROKERAG

DECEMBER 2014 Annual Holiday Party

SPRING MARKET—SNEAK PREVIEW

New Listings Coming Soon



Yorktown Colonial - Cul-de-sac Location



Yorktown Heights Estate Area 5270 SqFt

In 2013, Cathy closed 34 properties, 21 days faster than the market average at 96% of list price.

She SOLD 7 times more homes than the average agent.

Celebrating Over 300 Million In Sales Experience Sells In Any Market



Cathy Duff Poritzky Associate Real Estate Broker Cell: 914-960-5577 Office: 914-245-3400 Cathy.DuffPoritzky@CBmoves.com www.CathyDuffPoritzky.com



Hudson River Gem - Croton-On-Hudson



Jefferson Village - 2BR, 1st floor w/garage

Yorktown News - Thursday, February 13, 2014

AUCTIONS

Buy or sell at AARauctions. com. Contents of homes, businesses, vehicles and real estate. Bid NOW! AARauctions.com Lights, Camera, Auction. No longer the best kept secret.

AUTO

SCALE OPEN WE BUY SCRAP METAL & JUNK CARS 24hr Towing, Used Parts, NYS Inspections, New/ Used Tires, Auto Repairs. GREEN'S AUTO 845-724-5362 #7087068 www. greensauto.net

AUTO DONATIONS

Donate your car to Wheels For Wishes, benefiting Make-A-Wish. We offer free towing and your donation is 100% tax deductible. Call 315-400-0797Today!

CLASSIC CARS WANTED

Classic Cars Wanted!! 1950-1960 Cadillacs. Especially 1959 s & any convertibles. Will consider Buicks, Chevrolets & other makes & models. (Finders fee paid) Call/Text Steve @ 315-863-1600 or Email: eldo1959@live.com

DIVORCE

DIVORCE \$349 - Uncontested divorce papers prepared. Includes poor person application/waives government fees, if approved. One signature required. Separation agreements available. Make Divorce Easy - 518-274-0380.

EVENTS

Early Owego Antique Center's First Anniversary Celebration February 14th-16th Sales, Door prizes, Music 90+ Dealers, 21,000 sq.ft. Downtown Owego, NY Visit us on Facebook www.

earlyowegoantiquecenter.

HEALTH & BEAUTY

VIAGRA 100MG, 40 pills+/4 free, only \$99.00. Save Big Now, Discreet shipping. VIAGRA 100MG, 40 pills+/4 free, \$99.00. Save Big Now, Discreet shipping. 1-800-491-9065 Today!

HELP WANTED

SCHOOL COMPLIANCE **OFFICER - Mahopac Central** School District is seeking candidates as a School Compliance Officer. This highly confidential position involves the monitoring of faculty, staff and student compliance regarding absences, residency and other areas of concern as assigned. Incumbent will review and maintain records and reports to document instances of compliance/ non-compliance, as well as perform investigative research and may handle assignments containing basic legal procedural aspects. Duties will require interaction with school faculty, staff as well as students and parents. Incumbent must have the ability to protect confidentiality in sensitive matters and a nonconfrontational personality. Minimum qualifications: High school or equivalent diploma required and two years of experience involving investigation, research, or law enforcement work AND status as a retired deputy sheriff, or retired police, state police, correction, parole or probation officer. Interested candidates should submit letter of interest with resume to: Human Resources, Mahopac Central School District, 179 East Lake Blvd., Mahopac, NY 10541 by February 21.

AIRLINE CAREERS begin here - Get FAA approved Aviation Maintenance Technician training. Financial aid for qualified students - Housing available. Job placement assistance. Call AIM 866-296-7093

HOME IMPROVEMENT

HAS YOUR BUILDING SHIFTED OR SETTLED? Contact Woodford Brothers Inc, for straightening, leveling, foundation and wood frame repairs at 1-800-OLD-BARN. www. woodfordbros.com. "Not applicable in Queens county"

LAND WANTED

3 COUNTY LAND LIQUIDATION! UPSTATE NY 21TRACTS, 5-147 acres from \$14,900 Southern TIER-CATSKILL MOUNTAINS-CAPITAL REGION! State Land, Ponds, Views! Special financing & incentives until 2/23! Call for free info packet: (888)905-8847 newyorklandandlakes.com

BUY AND SELL LAND, land & cabin, farm or country property through New York Land Quest. Northern Division 315-269-3487 or Southern Division 607-280-5770 online www. nylandquest.com

MISCELLANEOUS

SAWMILLS from only \$4897.00- MAKE & SAVE MONEY with your own bandmill- Cut lumber any dimension. In stock ready to ship. FREE Info/DVD: www. NorwoodSawmills.com 1-800-578-1363 Ext.300N

REAL ESTATE

FORE SALE: MAHOPAC -33 Bloomer Road Beautiful Raised Ranch, Oversized Rooms, Large Eat In Kitchen, 4 BR 3 Full Baths, C/A, Easy M/D, Great Family Neighborhood, Award

Call me to get started today!

Executive Consultant

charliemelchner.theambitstorv.com

Charlie Melchner

914.403.5686

BUSINESS OPPORTUNITY

NAMED JD POWERS #1 IN CUSTOMER SATISFACTION IN NY JUST BROKE A BILLION IN REVENUE !

Energize your income.

Earn unlimited residual income by helping friends save money on their energy and gas bills.

Ambit Energy offers you an income opportunity like no other. Take control of your financial future. As an Ambit Energy Independent Consultant, you can make money by helping people save money on products they have to buy every month — electricity and natural gas.

 ed Level, Heated IGP, Huge Unique Deck nancial \$449,900 - 845-866-3004 nts

OUT OF STATE: Sebastian, Florida - Affordable custom factory constructed homes \$45,900+, Friendly community, No Real Estate or State Income Taxes, minutes to Atlantic Ocean. 772-581-0080, www.beachcove.com. Limited seasonal rentals

Winning Schools, Manicured

SCHOOLS

HIGH SCHOOL DIPLOMA FROM HOME. 6 - 8 weeks. ACCREDITED. Get a Diploma. Get A Job! No Computer Needed. FREE Brochure. 1-800-264-8330. Benjamin Franklin HS www. diplomafromhome.com

WANTED

Gold & Silver. Also Stamps & Paper Money, Entire Collections, Estates. Travel to your home. Call Marc in NY 1-800-959-3419

CASH for Coins! Buying ALL

PUZZLE SOLUTIONS



6	2	4	1	3	5	9	8	7
1	7	8	2	9	4	5	3	6
9	5	3	7	6	8	2	4	1
7	9	5	4	1	6	8	2	3
3	6	2	9	8	7	4	1	5
4	8	1	5	2	3	6	7	9
5	1	6	8	7	2	3	9	4
2	4	9	3	5	1	7	6	8
8	3	7	6	4	9	1	5	2

 Outer Banks, NC Vacation Homes!

 Outer Banks, NC Vacation Homes!

 Over 500 Vacation Homes,

 from Duck to Corolla,

 Oceanfront to Soundfront,

 Private Pools, Hot Tubs,

 Pets and More...

 Book Online at

 1-877-642-3224

 "SERVICE FIRST... FUN ALWAYS!"

Wheels For Wishes benefiting MAKE: Wishes benefiting Hudson Valley *Free Vehicle/Boar Pickup ANYWHERE *We Accept All Vehicles Running or Not *100% Tax Deductible WheelsForWishes.org WheelsForWishes.org

Putnam Humane Society

Zeus:



Zeus is a handsome boy with a blue tongue and eyes that will melt your heart. He's great with other dogs and cats too. He's a medium energy dog who loves to swim and is completely housebroken & crate trained. He's

shy with strangers and would do best in an adult home. Zeus warms up quickly. Give him a chance to get to know you and you'll find he's a loyal and loving companion.

Putnam Humane Society, Old Rt. 6, Carmel; 845-225-7777; www.puthumane.org.

From the Mailbox to the Kitchen Table, Where Decisions Are Really Made



Reach more homes in Mahopac, Somers & Yorktown than any other local paper

...by U.S. Mail

so you know you'll be seen.







We're the only TRULY LOCAL PAPERS around Call us at 845.621.1116

PAGE 33 CLASSIFIEDS

Advertise With Us

When you advertise with Yorktown News, you are reaching thousands of households and businesses throughout Yorktown. To advertise or to place a classified, call Gary Cullen at 914-214-4285 or email cullen@halstonmedia.com.



On Jan. 2, the Somers Town Board voted unanimously to make The Somers Record the town's official publication.

On Jan. 7, The Somers Record and Yorktown News joined the small list of official publications in Westchester County.

On Jan. 8, the Carmel Town Board voted unanimously to make Mahopac News the town's official publication.

On Jan. 14, the Yorktown Town Board voted unanimously to make Yorktown News the town's official publication.

What does this all mean? Our papers will now be publishing legal notices for each town, saving the taxpayers money by providing a less expensive alternative to the Journal News.
And in Westchester County, people forming LLCs can publish their notice in The Somers Record and Yorktown News.

To find out more, give us a call at 845-208-8151 or email legals@halstonmedia.com.

LEGAL NOTICES

PUBLIC HEARING NOTICE TOWN OF YORKTOWN ZONING BOARD OF AP-PEALS

NOTICE IS HEREBY GIVEN that a public hearing will be held by the Zoning Board of Appeals of the Town of Yorktown on Thursday, February 27, 2014, at 6:30 P.M. or as soon thereafter as is practicable in the Town Board Room, Town Hall, 363 Underhill Avenue, Yorktown Heights, New York as follows:

CARVALHO, ALICE #83/13 Property Address: 1681 Summit Street

Section 48.7, Block 2, Lot 19 Application for a renewal of a special use permit of an accessory apartment. Premises is located at 1681 Summit Street, Yorktown Heights, NY a/k/a Section 48.7, Block 2, Lot 19 on the Tax Map of the Town of Yorktown.

REDDING RAILROAD FRO-ZEN YOGURT LLC #78/13 Property Address: 1821 East

Main Street Section 15.16, Block 1, Lot 32

Application for a variance to place refrigeration equipment with a proposed side yard of 6 feet 9 inches where a minimum of 10 feet is required as per Appendix B of the Town Zoning Code. Premises is in a C-2 zone and is located at 1821 East Main Street, Mohegan Lake, NY; a/k/a Section 15.16, Block 1, Lot 32 on the Tax Map of the Town of Yorktown.

YANCOPOULOS, GEORGE #92/13

Property Address: 1519 Baptist Church Road

Section 47.14, Block 1, Lot 22 Application for a variance for an accessory building with a side yard setback of 12 feet where 30 feet is required per Section 300-21 and Appendix A of the Town of Yorktown Zoning Code. Premises is in an R160 zone and is located at 1519 Baptist Church Road, Yorktown Heights, NY; a/k/a Section 47.17, Block 1, Lot 22 on the Tax Map of the Town of Yorktown.

ABRAMS, DAVID #1/14 Property Address: 3461 Sagamore Avenue

Section 15.16, Block 2, Lot 12 Application for a renewal of a special use permit of an accessory apartment. The property is located at 3461 Sagamore Avenue, Mohegan Lake, NY a/k/a Section 15.16, Block 2, Lot 12 on the Tax Map of the Town of Yorktown.

McQUESTION, KATHLEEN #2/14 Property Address: 3738 Old

Crompond Road Section 35.8, Block 1, Lot 41

Application for a variance to allow an existing deck with a side yard

setback of 6'3", where a minimum of 10 feet is required as per Section 300-21 and Appendix A of the Town Zoning Code. Premises is in an R1-20 zone and is located at 3738 Old Crompond Road, Cortlandt Manor, NY; a/k/a Section 35.8, Block 1, Lot 41 on the Tax Map of the Town of Yorktown. BY ORDER OF THE ZONING BOARD OF APPEALS OF THE TOWN OF YORKTOWN, NEW YORK, GORDON B. FINE, CHAIRMAN.

NOTICE OF FORMATION OF LOUIS PSYCHOLOGICAL SER-VICES, PLLC. Art. Of Org. filed with SSNY 12/23/2013. Office Location: Westchester County. SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail process to: Louis Psychological Services, PO Box 332, Circleville, NY 10919. Purpose: Any lawful purpose.

NOTICE OF FORMATION OF MONET. ART. OF ORG. filed with SSNY on 12/03/2013. Office Location: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: Andrea Black Jeffries, 1743 Clover Road, Mohegan Lake, NY 10547. Purpose: any lawful purpose.

NOTICE OF FORMATION OF LENA BROTHERS REALTY LLC. Art. Of Org. filed with SSNY on 12/26/2013. Office Location: Westchester County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: Lena Brothers Realty LLC, 2738 Springhurst Street, Yorktown Heights, NY 10598. Purpose: any lawful purpose.

NOTICE OF FORMATION OF NAT Group LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on 12/13/2013. Office location: Westchester County. SSNY has been designated as agent upon whom process against it may be served. The Post Office address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: 3305 Quinlan Street, Yorktown Heights, NY 10598. The principal business address of the LLC is: 3305 Quinlan Street, Yorktown Heights, NY 10598 Purpose: any lawful act or activity

Yorktown News - Thursday, February 13, 2014

AUTOMOTIVE PAGE 35



to add Lin Convolution to Moule a the second s

EXCLUSIVE MasterBrand **Kitchen & Bath Cabinetry**



Omega, Dynasty, Kemper, KitchenCraft

FRIDAY, FEB. 14th, 8am-6pm SATURDAY, FEB. 15th, 10am-2pm

Your home for IRRESISTIBLE KITCHENS

Discover the difference MasterBrand products can make. Visit with our Kitchen Design Team today. 135 Mahopac Avenue, Granite Springs, New York • (914) 248-6100 • www.jilcowindow.com

> f Find us on Facebook /jilcowindow

houzz Angies list