



FORKS OVER KNIVES

examines the profound claim that most, if not all, of the so-called "diseases of affluence" that afflict us can be controlled, or even reversed, by rejecting our present menu of animal-based and processed foods. The film features leading experts on health, examines the question "why we don't know", and tackles the issue of diet and disease in a way that will have people talking for years.

The film also provides an overview of the 20-year China-Cornell-Oxford Project that led to Professor Campbell's findings, outlined in his book, *The China Study* (2005) in which he suggests that coronary disease, diabetes, obesity, and cancer can be linked to the Western diet of processed and animal-based foods (including all dairy products).

*Sponsored by The Berkshire Vegan Alliance and
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Thurs. 18 Oct. 7 - 8:30 pm

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